

Curriculum Vitae
Joanna L. Herres, Ph.D.

Department of Psychology
The College of New Jersey
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EDUCATION

University of Delaware, Newark, DE 2007–2013
M.A. in Clinical Psychology, May 2010
Ph.D. in Clinical Psychology, August 2013
Dissertation title: The Role of Daily Mood, Daily Interpersonal Events, and Mood Reactivity to Daily Interpersonal Events in the Maintenance of Adolescent Depressive Symptoms (Defended Sept. 2012)
Committee: Roger Kobak, Ph.D. (Chair), Brian Ackerman, Ph.D., Jean-Philippe Laurenceau, Ph.D., Christine Ohannessian, Ph.D.

Temple University, Philadelphia, PA 2012 –2013
Predoctoral Internship with the Temple University Clinical Psychology Consortium
Program: Child/Adolescent Anxiety Disorders Track
Supervisors: Philip Kendall, Ph.D. and Robert Fauber, Ph.D.

Bryn Mawr College, Bryn Mawr, PA 2001–2005
B.A. in Psychology (Minor in Education), May 2005, *Cum Laude*
Thesis title: Children’s Understanding of Wicked Desires

EMPLOYMENT

The College of New Jersey, Ewing, NJ 2016–Present
Assistant Professor
Department of Psychology

Drexel University, Philadelphia, PA 2013–2016
Assistant Teaching Professor (Winter and Spring 2016)
Adjunct Professor (Fall 2015)
Department of Health Sciences
Postdoctoral Research Fellow (2013-2015)
Couple and Family Therapy Department

Drexel University College of Medicine, Philadelphia, PA 2005–2007
Research Assistant
Supervisor: David Bennett, Ph.D.
Division of Child and Adolescent Psychiatry

GRANTS

- Support of Scholarly Activity (SOSA), The College of New Jersey 2017-2019
- Co-Investigator on NIMH Grant 2013-2016
Attachment Based Family Therapy for Suicidal Adolescents (R01 MH091059)
Principal Investigators: Guy Diamond, Ph.D. and Roger Kobak, Ph.D.
- Worked as a Graduate Research Assistant on completed NIMH Grant 2007-2008
Attachment and Risk in Early Adolescence (R01 MH59670)
Principal Investigator: Roger Kobak, Ph.D.
- Worked as a Research Assistant on completed NIMH/NIDA Grants 2005-2007
Maltreated Children's Emotions and Self-Cognitions (R01 MH56751)
Emotions and Behavioral Outcomes in Neglected Children (R01 MH 064473)
Developmental Effects of Prenatal Cocaine Exposure (R01 DA07109)
Principal Investigator: Michael Lewis, Ph.D.

MANUSCRIPTS PUBLISHED IN PEER REVIEW JOURNALS

- Herres, J.**, Kodish, T., Fein, J., & Diamond, G. S. (In Press). Identifying groups of pediatric emergency department patients using latent class analysis of reported suicidal ideation and behavior and non-suicidal self-injury. *Archives of Suicide Research*.
- Herres, J.**, Williamson, A., Kobak, R., Layne, C. M., Saltzman, W. R., Pynoos, R. S., & Kablo, J. B. (In Press). Internalizing and externalizing symptoms moderate treatment response to school-based trauma and grief component therapy for adolescents. *School Mental Health*.
- Diamond, G., **Herres, J.**, Krauthamer-Ewing, E. S., Atte, T., Wintersteen, M., Scott, S., & Gallop, R. (In Press). Screening for Risk Behaviors to Help Evaluate Suicidal Adolescents and Young Adults in Primary Care. *American Journal of Preventive Medicine*.
- Kodish, T., **Herres, J.**, Atte, T., Shearer, A., Fein, J. A., & Diamond, G. S. (In Press). Bullying moderates the link between depressive symptoms and suicidality for pediatric primary care patients. *Journal of Crisis Intervention and Suicide Prevention*.
- Shearer, A., **Herres, J.**, Kodish, T., Squitieri, H., James, K., Russon, J., Atte, T., & Diamond, G. (In Press). Differences in mental health symptoms across lesbian, gay, bisexual, and questioning (LGBQ) youth in primary care settings. *Journal of Adolescent Health*.
- Herres, J.**, Krauthamer-Ewing, E. S., & Kobak, R. (2016). Emotional reactivity to negative adult and peer events and the maintenance of adolescent depressive symptoms: A daily diary design. *Journal of Abnormal Child Psychology*, 44(3), 471-481.
- Caporino, N. E., **Herres, J.**, Kendall, P.C., & Wolk, C. B. (2016). Dysregulation in youth with anxiety disorders: Relationship to acute and 7- to 19-year follow-up outcomes of cognitive-behavioral therapy. *Child Psychiatry and Human Development*, 47(4), 539-547.
- Bennett, D., Hersh, J., **Herres, J.**, & Foster, J. (2016). HIV-related stigma, shame, and avoidant coping: Risk factors for internalizing symptoms among youth living with HIV. *Child Psychiatry and Human Development*, 47(4), 657-664.

- Herres, J.,** & Ohannessian, C. (2015). Adolescent Coping Profiles Differentiate Reports of Depression and Anxiety Symptoms. *Journal of Affective Disorders, 186*, 312-319.
- Shearer, A., Russon, J., **Herres, J.,** Atte, T., & Diamond, G. (2015). The relationship between disordered eating and sexuality amongst adolescents and young adults. *Eating Behaviors, 115-119*.
- Kobak, R., Zajak, K., **Herres, J.,** & Krauthamer-Ewing, E. S. (2015). Attachment based treatments for adolescents: The secure cycle as a framework for assessment, treatment and evaluation. *Attachment and Human Development, 220-239*.
- Herres, J.,** & Kobak, R. (2014). The role of daily interpersonal events in the maintenance of adolescent depressive symptoms. *Journal of Abnormal Child Psychology, 43(2)*, 325-337.
- Grassetti, S. N., **Herres, J.,** Williamson, A. A., Close, H., Layne, C. M., & Kobak, R. (2014). Narrative focus predicts symptom change trajectories in group treatment for traumatized and bereaved adolescents. *Journal of Clinical Child and Adolescent Psychology, 933-41*.
- Gaskins, C. S., **Herres, J.,** & Kobak, R. (2012). Classroom order and student learning: A three level model of achievement trajectories. *Journal of Applied Developmental Psychology, 33*, 227-235.
- Kobak, R., **Herres, J.,** Gaskins, C., & Laurenceau, J-P. (2012). Teacher-student interactions and adolescent states of mind as predictors of early romantic attachments and risky sexual behaviors. *Attachment and Human Development, 14*, 289-303.

MANUSCRIPTS UNDER REVIEW OR IN PREPARATION

- Herres, J.,** Caporino, N. E., Cummings, C. M., & Kendall, P. C. (Under Review). Emotional Reactivity to Daily Events in Youth with Anxiety Disorders. *Anxiety, Stress, and Coping*.
- Herres, J.,** Shearer, A., Kodish, T., Kim, B., Diamond, G. S. (Under Review). Differences in Suicide Ideation Severity Amongst Suicidal Youth Who Meet Criteria for Anxiety and Depressive Disorders. *Depression and Anxiety Disorders*.
- Shearer, A., Russon, J., **Herres, J.,** Kodish, T., Diamond, G. (Under Review). Religion, sexuality, and suicide. *Suicide and Life Threatening Behavior*.
- Kaimal, G., Ayaz, H., **Herres, J.,** Dietrich-Hartwell, R., Makwana, B., Kaiser, D., & Nasser, J. (Under Review). FNIRS Assessment of reward perception based on visual self-expression: Coloring, doodling, and free drawing. *The Arts in Psychotherapy*.
- Diamond, G. S., Kobak, R., Krauthamer-Ewing, E. S., Levy, S., **Herres, J.,** Russon, J., Gallop, R. (In Preparation). Attachment based family therapy for depressed adolescent with sever and persistent suicide ideation.
- Kaimal, G., Walker, M., **Herres, J.,** & DeGraba, T. J. (In Preparation). Associations between Visual Imagery and Clinical Symptoms among Active Duty Military and Service Members with PTSD and TBI.

Krauthamer-Ewing, E. S., Izard, C.E., Hyde, C., Wilkins, A., **Herres, J.**, Finlon, K.J., Woodburn, E.M., Grossman, S.R., Seidenfeld, A. (In Preparation). Empathy and Understanding of Emotions Predicts Maternal Sensitivity in an Urban Head Start Sample.

Abaya, R., Atte, T., **Herres, J.**, Fein, J. A., & Diamond, G. S. (In Preparation). Characteristics and behavioral risk factors of firearm-exposed youth in an urban emergency department.

Atte, T., **Herres, J.**, Chung, A., Xu, B., Diamond, G. (In Preparation). Screening for adolescent substance abuse and mental health in primary care.

Diamond, G. S., **Herres, J.**, Levy, S. A., Kodish, T. (In Preparation). Reasons for adolescent suicide.

BOOK CHAPTERS

Herres, J., Cummings, C. M., Makover, H., Swan, A., & Kendall, P. C. (2015). Treatment of youth anxiety. In M. Maric, P. J. M. Prins, & T. H. Ollendick (Eds.), *Mediators and Moderators of Youth Treatment Outcomes*. New York: Oxford University Press.

Wei, C., Cummings, C. M., **Herres, J.**, Read, K. L., Carper, M., Swan, A., Hoff, A., Mahendra, V., & Kendall, P. C. (2014). Dissemination and implementation of empirically-supported treatments for anxious youth: A discussion on effectiveness in school and community settings. In R. Beidas & P. C. Kendall (Eds.), *Child and Adolescent Therapy: Dissemination and Implementation of Empirically-Supported Treatments*. New York: Oxford University Press.

Kobak, R., & **Herres, J.** (2012). Social networks and attachment bonds during adolescence: Implications for early pair bonding and risky behaviors. In L. Campbell & T. Loving (Eds.), *Interdisciplinary Research on Close Relationships: The Case for Integration*. Washington, DC: American Psychological Association.

CONFERENCE PRESENTATIONS

Herres, J., Caporino, N. E., Cummings, C. M., & Kendall, P. C. (April 2017). Emotional Reactivity to Daily Events in Youth with Anxiety Disorders. Poster to be presented at the biennial convention of the Society for Research in Child Development (SRCD), Austin, TX.

Parris, M., Kodish, T., Shearer, A., **Herres, J.**, & Diamond, G. (April, 2016). Emotional Clarity Buffers Against the Effects of Trauma on Suicidal Ideation. Poster presented at the 2016 annual Meeting for the Anxiety and Depression Association of America (ADAA), Philadelphia, PA.

Ibrahim, M., Shearer, A., Squitieri, H., Kodish, T., **Herres, J.**, Diamond, G. (April, 2016). Strategies in Emotional Regulation: A Mediation between Attachment and Depression Poster presented at the 2016 annual Meeting of the ADAA, Philadelphia, PA.

Herres, J., Kodish, T., Shearer, A., Levy, S.A. & Diamond, G.S. (April 2016). Reasons for Adolescent Suicide. Paper presented in a symposium at the 2016 biennial Meeting for Society of Research on Adolescence (SRA), Baltimore, MD.

Shearer, A., **Herres, J.**, Kodish, T., Oblegase, F., Russon, J., Krauthamer-Ewing, E.S., Kobak, R. & Diamond, G.S. (April 2016). Suicidal Youth Diagnosed with Social Phobia Report Higher Levels of Suicidal Ideation. Poster presented at the 2016 biennial meeting of SRA, Baltimore, MD.

- Kodish, T., Shearer, A., **Herres, J.**, Diamond, G. (November 2015). Mental Health Risk in Youth Identifying as Multiracial. Poster presented at the 49th annual Association for Cognitive and Behavioral Therapy (ABCT) Conference, Chicago, IL.
- Shearer, A., Squitieri, H., **Herres, J.**, Kodish, T., Tierney, E., & Giarratana, A. (November 2015). Symptoms of Eating Disorders in Transgender Youth. Poster presented at the 49th annual ABCT Conference, Chicago, IL.
- James, K., **Herres, J.**, Diamond, G., Kobak, R., Krauthamer Ewing, E. S., Levy, S., & Scott, S., (November 2015). Emotion Regulation as a Mediator between Negative Parent Events and Depressive Symptoms. Poster presented at the annual convention of the ABCT, Chicago, IL.
- Herres, J.**, Kodish, T., Atte, T., Fein, J., & Diamond, G. (October 2015). Differentiating Groups of Pediatric Emergency Department Patients Based on Reported Suicidal Ideation and Behavior Endorsed on the Behavioral Health Screen. Poster accepted for presentation at the International Summit on Suicide Research (ISSR), New York, NY.
- Herres, J.** (October 2015). Scientific Contributions of the Behavioral Health Screen. Presentation given as part of symposia titled Suicide Screening in Primary Care at ISSR, New York, NY.
- James, K., Squitieri, H., Shearer, A., & **Herres, J.**, (June 2015). Emotion Regulation as a Moderator of the Relationship between Sibling Number and Suicidality. Poster presented at the annual convention of the Society for Psychotherapy Research (SPR), Philadelphia, PA.
- Kodish, T., James, K., Mohabir, D., Shearer, A., **Herres, J.**, & Diamond, G., (May 2015) Gender and Ethnicity Differences in the Relationship between Parent Support and Suicidality. Poster presented at the annual convention of the Association for Psychological Science (APS), New York, NY.
- Herres, J.**, & Ohannessian, C. M. (March 2015). Adolescent Coping Profiles Differentiate Reports of Depression and Anxiety Symptoms. Paper presented at the biennial convention of the SRCD, Philadelphia, PA.
- Shearer, A., Vaddi, P., & **Herres, J.** (March 2015). Religion as a moderator of the relationship between sexual orientation and suicide attempts. Poster presented at the biennial convention of the SRCD, Philadelphia, PA.
- Chang, C., & **Herres, J.** (March 2015). Parent-Adolescent Disagreement Regarding Problem Behaviors Related to Family Conflict. Poster presented at the biennial convention of the SRCD, Philadelphia, PA.
- Kodish, T., Santens, T., **Herres, J.**, & Kobak, R. (March 2015). Perceived Burdensomeness as a Mediator between Peer Conflict and Suicide Ideation. Poster presented at the biennial convention of the SRCD, Philadelphia, PA.
- James, K., Ogbaselase, F., & **Herres, J.** (March 2015). Gender as a Moderator of the Relationship between Maternal Attachment Anxiety and Non-Suicidal Self-Injury. Poster presented at the biennial convention of the SRCD, Philadelphia, PA.

- Herres, J.**, Krauthamer-Ewing, E. S., & Kobak, R. (August 2014). The Role of Parent, Teacher, and Peer Events in Maintaining Adolescent Depressive Symptoms. Paper presented at the annual conference of the American Psychological Association (APA), Washington D.C.
- Hersh, J., Bennett, D., **Herres, J.**, Foster, J. (August 2014). Sibling Constellation Is Related to Internalizing Symptoms Among HIV-Positive Youths. Poster presented at the annual conference of APA, Washington, D.C.
- Mohabir, D., **Herres, J.**, Kobak, R., (March 2014). A Comparison of Adolescent Attachment Hierarchies in Clinical and Community Samples using the Important People Interview. Poster submitted for presentation at the annual convention of the Pennsylvania Association for Marriage and Family Therapy (PAMFT), Philadelphia, PA.
- Boamah-Wiafe, L., **Herres, J.** & Diamond, G. (2014). Family Arguing and Risk for Youth Suicide. Poster presented at the annual meeting of the Society for Developmental and Behavioral Pediatrics, Nashville, Tennessee.
- Herres, J.**, Krauthamer-Ewing, E. S., Diamond, G., Calhoun, S., Li, A., Susi, A., Waasdorp, T., Bevans, K. (April 2014). Teen Suicide Risk Profiles Identified Using the Behavioral Health Screen. Poster presented at the Society for Behavioral Medicine 34th Annual Meeting, Philadelphia, PA.
- Herres, J.**, & Kobak, R. (March 2014). Relations between Affect Reactivity to Interpersonal Events and Adolescents' Early Reliance on Peers and Romantic Partners as Attachment Figures. Paper presented at the biennial conference of SRA, Austin, Texas.
- Williamson, A. W., Grasseti, S. N., **Herres, J.**, Yarger, H., & Kobak, R. (November 2013). Effects of Gender and Group Composition on the Treatment of Adolescent Trauma. Poster presented at the International Society for Traumatic Stress Studies 29th Annual Meeting, Philadelphia, PA.
- Grasseti, S. N., Williamson, A. W., **Herres, J.**, Yarger, H., & Kobak, R. (November 2013). Understanding Change in Trauma and Grief Component Therapy: What Changes? When? For Whom? Poster presented at the International Society for Traumatic Stress Studies 29th Annual Meeting, Philadelphia, PA.
- Swan, A., Read, K., Carper, M., Mercado, R., Cummings, C., **Herres, J.**, Hoff, A., & Kendall, P.C. (November, 2013). Parents and Teachers as Informants for Identifying Anxious Youth in Schools. Poster presented at the ABCT 47th Annual Convention, Nashville, TN.
- Brodman, D.M., Read, K.L., Cummings, C.M., Swan, A.J., **Herres, J.**, McGann, K.M., Mercado, R.J., & Kendall, P.C. (November, 2013). Disseminating a Program to Identify Anxious Youth in School Settings: The Relation between Organizational Climate and Teacher Report. Poster presented at the ABCT 47th Annual Convention, Nashville, TN.
- Mercado, R. J., Read, K. L., Swan, A., **Herres, J.**, Hoff, A., Carper, M., . . . Kendall, P. C. (November, 2013). Prevalence of Anxiety and Comorbid Mental Health Problems in Youth Using Teacher-Report. Poster presented at the ABCT 47th Annual Convention, Nashville, TN.
- Ohannessian, C., **Herres, J.**, & Kobak, R. (April, 2013). A Latent Profile Analysis of Adolescent Coping. Poster presented at the biennial conference of the SRCD, Seattle, WA.

- Grassetti, S. N., **Herres, J.**, & Kobak, R. (April, 2013). Sex Differences in Close Peer Relationships and Adolescent Rule Breaking Behavior. Poster presented at the biennial conference of the SRCD, Seattle, WA.
- Close, H., Grassetti, S. N., Williamson, A. W., **Herres, J.**, & Kobak, R. (April, 2013). Mutual Sharing of Trauma and Loss Narratives Increases Perceptions of Peers? Trustworthiness. Poster presented at the biennial conference of the SRCD, Seattle, WA.
- Grassetti, S. N., Close, H., Williamson, A. W., **Herres, J.**, & Kobak, R. (April, 2013). A Preliminary Step in Understanding Adolescent Grief Domains: An Exploratory Factor Analysis of a Grief Screening Measure. Poster presented at the biennial conference of the SRCD, Seattle, WA.
- Herres, J.**, Williamson, A. W., Grassetti, S. N., & Kobak, R. (November, 2012). Identifying Principles of Behavioral Change in Traumatized Youth: Group Bonding as a Moderator of Cognitive Behavioral Therapy for PTSD. Poster presented at the 46th Annual Convention of the ABCT, National Harbor, MD.
- Grassetti, S. N., **Herres, J.**, Williamson, A. A., & Kobak, R. (November, 2012). Increased Security to Group as a Putative Mechanism of Change in Trauma-Focused Group Therapy for Adolescents. Poster presented at the 46th Annual Convention of the ABCT, National Harbor, MD.
- Grassetti, S. N., Williamson, A. A., **Herres, J.**, & Kobak, R. (November, 2012). Meaningful Life Change. Poster presented at the 46th Annual Convention of the ABCT, National Harbor, MD.
- Williamson, A. A., **Herres, J.**, Grassetti, S. N., & Kobak, R. (November, 2012). Treating PTSD and Grief in Middle Schools: Factors Accounting for Treatment Inclusion and Attrition. Poster presented at the 46th Annual Convention of the ABCT, National Harbor, MD.
- Herres, J.**, Kobak, R., Grassetti, S., & Tan, J. (March, 2012). The role of mood reactivity to daily interpersonal events in the onset of adolescent depression. Poster presented at the 2012 biennial conference of the Society for Research on Adolescence (SRA), Vancouver, Canada.
- Tan, J., **Herres, J.**, Grassetti, S., & Kobak, R. (March, 2012). Susceptibility to peer influence as a moderator of the effectiveness of group therapy for trauma symptoms. Poster presented at the 2012 biennial conference of the SRA, Vancouver, Canada.
- Troy, L., **Herres, J.**, & Kobak, R. (March, 2012). Differential susceptibility to the environment: Assessing the convergent validity of behavioral and physiological indicators. Poster presented at the 2012 biennial conference of the SRA, Vancouver, Canada.
- Kobak, R., & **Herres, J.** (April, 2011), New and emerging insights regarding the adult attachment interview. Paper presented at the 2011 biennial conference of the SRCD, Montreal, Canada.
- Herres, J.**, Kobak, R., Gaskins, C., & Ackerman, B. (April, 2011), Mood reactivity to daily school events: A study of between student differences in disruptive behavior and negative affect. Poster presented at the 2011 biennial conference of the SRCD, Montreal, Canada.
- Kobak, R., Zajac, K., & **Herres, J. L.** (March, 2010), Intergenerational effects of caregiver attachment on high-risk adolescents' delinquent and aggressive behaviors. Paper presented at the 2010 biennial conference of the Society for Research on Adolescence, Philadelphia, PA.

Bennett, D., **Herres, J. L.**, Minami, J., Russell, A., Laguerre, R., & Foster, J. (March, 2010), Internalizing symptoms as a function of stigma and shame among youth with HIV. Poster presented at the 2010 biennial conference of the Society for Research on Adolescence, Philadelphia, PA.

Herres, J., Ackerman, B. P., Kobak, R., & Smith, C. (April, 2009), Developmental antecedents of school externalizing and achievement problems for economically disadvantaged children. Poster presented at the 2009 biennial conference of the Society for Research in Child Development, Denver, CO.

Smith, C., Kobak, R., **Herres, J.**, & Ackerman, B. P. (April, 2009), Moderating effects of economic disadvantage on the association between home environment factors and achievement trajectories. Poster presented at the 2009 biennial conference of the Society for Research in Child Development, Denver, CO.

Bennett, D., **Herres, J.**, Prado, D., Russell, A., Laguerre, R., & Foster, J. (July, 2007), Internalizing symptoms as a function of stigma and shame among youth with HIV. Poster presented at the 2007 St. Christopher's Hospital for Children Research Day, Philadelphia, PA.

Bennett, D., Ragland, S., **Herres, J.**, Sullivan, M., & Lewis, M. (February, 2007), The ability of parenting scales to identify mothers with a history of neglect: A comparison of three measures. Poster presented at the 2007 Eastern Psychological Association Conference, Philadelphia, PA.

Simonis*, J., & Cassidy, K. (September, 2004), Children's understanding of wicked desires. Poster presented at the 2004 Summer Science Fellows Presentation, Bryn Mawr, PA.

* maiden name

PROFESSIONAL PRESENTATIONS

Herres, J. (November, 2015). Me: Stories of My Life in STEM. Invited presentation at Bryn Mawr College as part of the Women in STEM at Bryn Mawr (WiSaBM) series.

Herres, J. (March, 2014). Assessment and Management of Childhood Depression and Suicide. Invited didactic presentation to Psychiatry Fellows at Friends Hospital, Philadelphia, PA.

Herres, J. (November, 2013). Coping with College Stress and Depression. Invited speaker at the University of Pennsylvania's Student Wellness Fair, Philadelphia, PA.

Herres, J., & Cummings, C. M. (December, 2012). Anxious youth in the primary care setting. Invited presentation at Chestnut Hill Hospital, Philadelphia, PA.

Herres, J., & Settapani, C. (December, 2012). Anxious youth in the school setting. Invited presentation at Norristown School District Office, Norristown, PA.

PROFESSIONAL AFFILIATIONS

Society for Research in Child Development
Society for Research on Adolescence
Association for Behavioral and Cognitive Therapies

AD HOC REVIEWER

Child Abuse and Neglect; Cognitive Therapy and Research; Crisis; Epidemiology and Psychiatric Sciences; Journal of Abnormal Child Psychology; Journal of Behavioral Health; Journal of Early Adolescence; Journal of Family Psychology; Journal of Research on Adolescence; Journal of Social and Personal Relationships; Journal of Youth and Adolescence; Psychotherapy Research; Social Development

CLINICAL EXPERIENCE

Drexel University, Philadelphia, PA August 2012-Present
Postdoctoral Fellowship with the Center for Family Intervention Science
Clinical Supervisor: Suzanne Levy, Ph.D.

- Conducted psychosocial and diagnostic assessments for suicidal youth; Assessed suicide risk; Conducted safety planning with suicidal youth and their families
- Provided supportive therapy to suicidal youth; Conducted parent education sessions
- Trained in Attachment Based Family Therapy (ABFT) during two 3-day workshops

Temple University, Philadelphia, PA Summer 2012 – Summer 2013
Predoctoral Internship with the Temple University Clinical Psychology Consortium; Child/Adolescent Anxiety Disorders Track
Clinical Supervisors: Philip Kendall, Ph.D. and Robert Fauber, Ph.D.

- Conducted structured diagnostic assessment and provided CBT for youth anxiety disorders at the Child and Adolescent Anxiety Disorders Clinic (CAADC)
- Provided assessment and treatment of adult disorders including mood and anxiety disorders and substance abuse disorder at Episcopal Hospital's Psychiatric Outpatient Clinic

A.I. duPont Hospital for Children, Wilmington, DE July 2010 – May 2012
Supervisor: Jennifer Shroff Pendley, Ph.D. (Behavioral Consultation Clinic Practicum) and Colleen Sherman, Ph.D. (Early Childhood Evaluations Practicum)

- Provided parent management training to parents of children ages birth to five years to address a wide range of behavioral and developmental concerns such as oppositional/defiant and noncompliant behaviors, sleep problems, and toileting concerns
- Conducted comprehensive diagnostic evaluations with young children ages birth to five years, wrote comprehensive reports and provided feedback to parents

Supporting Kidds, Hockessin/Wilmington, DE October 2011 – June 2012
Supervisor: Stephanie Traynor, Psy.D., MBA

- Provided Trauma and Grief Component Therapy, a school-based group intervention for adolescents with post-traumatic stress disorder and complicated grief

Children's Hospital of Philadelphia, Philadelphia, PA August 2009 – March 2010
Behavioral Health in Urban Schools Program
Supervisor: Ricardo Eiraldi, Ph.D.

- Collaborated with a multidisciplinary team of clinical and school psychologists, teachers, school counselors and social workers, postdoctoral fellows, and psychology graduate students
- Conducted comprehensive psychological evaluations, wrote reports and provided feedback to parents
- Conducted Conjoint Behavioral Consultation with parents and teachers of youth enrolled in one of three treatment components (i.e., anxiety, depression, and aggression)
- Trained in group-based cognitive-behavioral interventions for depression, anxiety, and externalizing behavior within a school setting

Child Well-Being Initiative, Wilmington, DE February 2008 – December 2009

Supervisors: Stav Gornic, NCP, LPCMH; Charles Webb, Ph.D.

- Provided Trauma-Focused Cognitive Behavioral Therapy (TFCBT) to adolescents who experienced a trauma (e.g., sexual abuse) and their parents; sponsored by the Division for Prevention and Behavioral Health Services (DPBHS) and funded by a grant from the Substance Abuse and Mental Health Services Administration (SAMHSA)

Project BEST, University of Delaware, Newark, DE June 2009 – December 2009

Supervisor: Ryan Beveridge, Ph.D.

- Provided Parent-Child Interaction Therapy (PCIT) to parents of children with disruptive behavior (e.g., Oppositional Defiant Disorder, Attention Deficit Hyperactivity Disorder) ages 2-7; sponsored by the DPBHS and funded by a grant from SAMHSA

Psychological Services Training Center, February 2008 – December 2009

University of Delaware, Newark, DE

Supervisors: Jennifer Schwartz, Ph.D., Ryan Beveridge, Ph.D., Jean-Philippe Laurenceau, Ph.D.

- Conducted psychoeducational and diagnostic assessments, wrote comprehensive reports and provided feedback to clients
- Trained in empirically-based, cognitive-behavioral interventions for children and adults
- Provided individual and couples psychotherapy to children and adult clients with presenting problems including anxiety and depression

RELATED EXPERIENCE

The Delaware Project, Newark, DE October 2011

- Graduate student representative to Delaware Project on Clinical Science Training: From Intervention Development to Implementation, a training model conference sponsored by NIMH, NIDA, OBSSR, APCS, & SAGE

REFERENCES

Roger Kobak, Ph.D.
Professor, Dept. of Psychological and Brain Sciences
University of Delaware
(302) 831-6431

Guy Diamond, Ph.D.
Associate Professor, Couple and Family Therapy Dept.
Drexel University
(215) 571-3420

Christine Ohannessian, Ph.D.
Associate Professor, Dept. of Pediatrics
University of Connecticut School of Medicine
(860) 837-5326

Philip Kendall, Ph.D.
Professor, Dept. of Psychology
Temple University

(215) 204-1558