

CURRICULUM VITAE

SANDRA SEPULVEDA- KOZAKOWSKI

ACADEMIC POSITIONS

- August 2017-present **The College of New Jersey**
Department of Psychology
Ewing, NJ
Assistant Professor
- August 2011-2017 **The College of New Jersey**
Department of Psychology
Ewing, NJ
Adjunct Professor
- August 2014-2017 **Rider University**
Department of Psychology
Lawrenceville, NJ
Adjunct Professor
- January 2008- March 2009 **University of Delaware**
Department of Psychology
Infant Caregiver-Project
Newark, DE
Clinical Assistant Professor
- Supervise 10 therapists who are learning the manualized Attachment and Biobehavioral Catch-Up (ABC) intervention
 - Conduct weekly group supervision via videoconferencing
 - Code therapists' sessions for adherence to ABC manual
 - Monitor, respond to and post materials to project's website
 - Trained 25 people during a 5 day workshop about ABC

CLINICAL POSITIONS

- May 2016-June 2017 **CHE Psychological Services**
Philadelphia, PA
Licensed Clinical Psychologist
- April 2009-present **Center for Creative Human Performance**
Newtown, PA
Licensed Clinical Psychologist

EDUCATION

- August 2006 **Doctor of Philosophy, Clinical Psychology**
University of Delaware, Newark, DE
Dissertation defended June 2005

Dissertation Title: *The impact of early and current caregiving influences on self-regulation skills in adopted preschoolers*

May 2003

Master of Arts Degree in Psychology

University of Delaware, Newark, DE

Master's Thesis Title: *Compliance and non-compliance behaviors in preschool aged foster and community children*

May 1998

Bachelor of Arts Degree in Psychology with Honors

Johns Hopkins University, Baltimore, MD

LICENSURE

2007 New York State Licensure #017316

2009 Pennsylvania State Licensure # PS 016649

TEACHING EXPERIENCE

Rider University, Lawrenceville, NJ

August 2014-2017

Adjunct Professor

Abnormal Psychology, undergraduate course

Infant and Child Development, undergraduate course

Introduction to Psychology, undergraduate course

Psychology of the Family, undergraduate course

The College of New Jersey, Department of Psychology, Ewing, NJ

August 2011-2017

Adjunct Professor

Abnormal Psychology, undergraduate course

Development across the lifespan, undergraduate course

Personality and Theory, undergraduate course

Psychology of Power, Oppression and Privilege, undergraduate course

Research Methods and Theory, undergraduate course

University of Delaware, Department of Psychology, Newark, DE

January 2004-May 2004

Instructor

Advanced Psychopathology undergraduate course

August 2003-December 2003

Instructor

Advanced Child Psychology undergraduate course

January 2002-May 2002

Instructor

Advanced Child Psychology undergraduate course

CLINICAL TRAINING

July 2006- December 2007

**John Jay College of Criminal Justice,
City University of New York, NY
Postdoctoral fellow**

- Interviewed school age children and young adults to ascertain if they experienced maltreatment

July 2005- June 2006

**The Children's Hospital of Philadelphia,
Philadelphia, PA
Department of Psychology
Psychology Intern**

- Conducted individual and family therapy as well as assessments in a variety of settings including inpatient, outpatient and school settings.
- Major rations include: Cardiac thoracic transplant, G/I, Neonatal follow-up, Behavioral health in urban schools and Solution Focused Family therapy.
- Led parent psychoeducational groups in primary care centers.

September 2003-May 2004

**A. I. duPont Hospital for Children, Wilmington, DE
Behavioral Health Department
Practicum Student**

- Conducted individual 30-minute behavioral therapy for preschool aged outpatient children in the Behavior Consultation Clinic as well as traditional hour-long therapy sessions using cognitive behavioral and psychodynamic therapy sessions for school aged outpatient children.
- Co-led cognitive behavioral therapy groups for school aged outpatient children.
- Consulted with teachers and day care providers to discuss implementation of various therapeutic techniques for individual patients.

September 2002- May 2003

**The Children's Hospital of Philadelphia, Philadelphia, PA
Starting Young Program
Practicum Student**

- Assessed infant development of infants and toddlers in foster care using the Bayley scales of mental and motor development with a transdisciplinary team
- Evaluated infant mental health using the Diagnostic Classification of Mental Health and Developmental Disorders of Infancy and Early Childhood (DC: 0-3).

September 2002- August 2003

**University of Delaware Psychological Services
Clinic, Newark, DE**

**Department of Psychology
Therapist**

- Conducted weekly therapy sessions with individual adults, children and families
- Conducted assessments in a community mental health setting.

August 2000- Present

**Partner in Eliminating Racism (PIER), Wilmington, DE
Peer counselor**

- Taught class on eliminating racism to high school students at Newark H.S. from January 2002-2003.
- Participate in workshops and conferences to plan and organize activities to promote the elimination of racism as well as other types of oppression.

June 1998- June1999

**Villa Maria, Timonium, MD
Residential Treatment Counselor**

- Counseled ten boys who experienced maltreatment ranging in age from 9-12 years and taught behavior management and conflict resolution skills.
- Employed crisis management interventions when necessary.
- Documented the progress of these children in their psychiatric charts
- Attended treatment meetings to discuss medication effectiveness, legal proceedings and discharge plans.

September 1996-May 1997

**Sheppard and Enoch Pratt Hospital, Baltimore, MD
Clinical Intern**

- Organized academic lessons and activities that develop conflict resolution skills for 20 psychiatric inpatient children who experienced maltreatment.
- Learned characteristics of a token economy and techniques to handle aggression and conflict resolution skills.

June 1995- August 1995

**Court Appointed Special Advocates, New York, NY
Child Advocacy Intern**

- Organized and conducted interviews and meetings with parents and attorneys to discuss the progress of court appointed stipulations to increase the court's ability to move maltreated children from temporary foster homes to permanent families on 19 involuntary and voluntary foster care cases.
- Presented a report on the progress of a case in Manhattan Family Court.

RESEARCH TRAINING

July 2006-Decemebr 2007

John Jay College of Criminal Justice,

City University of New York, NY
Postdoctoral fellow
Supervisor: *Cathy Spatz Widom, Ph.D.*

August 2000-June 2005 **University of Delaware Infant Caregiver Project,**
Newark, DE
Graduate Research Assistant
Advisor: *Mary Dozier, Ph.D.*

August 2004- June 2005 **The Children's Hospital of Philadelphia, Philadelphia, PA**
Starting Young Program
Research Assistant
Supervisor: *Judith Silver, Ph.D.*

July 1999- July 2000 **State University of New York at Stony Brook,**
Stony Brook, NY
Neurobehavior and Memory Disorders Program,
Psychometrician
Supervisor: *Rachel Schindler, M.D.*

September 1997-May 1998 **Johns Hopkins University/The Johns Hopkins**
Hospital, Baltimore, MD
Department of Psychology/Department of Psychiatry
and Behavioral Sciences
Research Assistant
Supervisors: *Trisha Van Zandt, Ph.D./ David Edwin, Ph.D.*

June 1996- August 1997 **NY Hospital-Cornell Medical Center, White Plains, NY**
Department of Child Psychiatry
Research Assistant
Supervisor: *Cynthia Pfeffer, M.D.*

September 1996- May 1997 **Johns Hopkins University, Baltimore, MD**
Department of Psychology
Research Assistant
Supervisor: *Peter Juszyk, Ph.D.*

PUBLICATIONS

Widom, C. S. , Czaja, S., **Sepulveda-Kozakowski, S.** & Chauhan, P. (in press). Does adult attachment style mediate the relationship between childhood maltreatment and mental and physical health outcomes? *Child Abuse & Neglect*.

Sepulveda-Kozakowski, S. (2017). Family systems theory. In M. Alexander & V. McGinley (Eds.), *Parents and Families of students with special needs: Collaborating across the agespan* (pp. 24-35). Thousand Oaks, CA: Sage Publications.

Widom, C. S., Kahn, E. E., Kaplow, J. B., **Sepulveda Kozakowski, S.** & Wilson, H. (2007). Child abuse and neglect: Potential derailment from normal developmental pathways. *NYS Psychologist*, 19, 2-6.

Lewis, E. E., Dozier, M., Ackerman, J., & **Sepulveda Kozakowski, S.** (2007). The effect of placement instability on adopted children's inhibitory control abilities and oppositional behavior. *Developmental Psychology*, *43*, 1415-1426.

Sepulveda Kozakowski, S. (2007). Attachment theory in clinical work with maltreated children. *Section on Child Maltreatment Newsletter*, *12*, 3.

Dozier, M., Peloso, Lindhiem, O., E., Gordon, M. K., Manni, M., **Sepulveda, S.**, Ackerman, J., Bernier, A., & Levine, S. (2006). Developing evidence-based interventions for foster children: An example of a randomized clinical trial with infants and toddlers. *Journal of Social Issues*, *62*, 767-785.

Ackerman, J., **Sepulveda, S.**, & Manni, M. (2005). A review of foster care. In N. J. Salkind (Ed.), *Encyclopedia of Human Development*: Thousand Oaks, CA: Sage Publications.

Dozier, M. & **Sepulveda, S.** (2004). Foster mother state of mind and treatment use: Different challenges for different people. *Infant Mental Health Journal*, *25*, 368-378.

Dozier, M., Albus, K., Fisher, P, A. & **Sepulveda, S.** (2002). Interventions for foster parents: Implications for developmental theory. *Development and Psychopathology*, *14*, 843-860.

Sepulveda, S. (1998). The Building Blocks of Childhood. *International Association for Child and Adolescent Psychiatry and Allied Professions Bulletin*, *8*, 8-9.

SYMPOSIUM/POSTERS PRESENTED

Lewis, E. E., Dozier, M., Ackerman, J. P., & **Sepulveda Kozakowski, S.** (2007). Associations between placement stability and adopted children's inhibitory control skills. Presentation at the biennial meeting of the Society for Research in Child Development, Boston, MA.

Sepulveda, S. (2005). The impact of early caregiving experiences on foster and adopted preschoolers' regulatory skills. Presented at the biennial meeting of the Society for Research in Child Development, Atlanta, GA.

Sepulveda, S. & Dozier, M. (2003). Attachment and biobehavioral catch-up: An intervention for foster mothers and infants. Presented at the biennial meeting of the Society for Research in Child Development, Tampa, FL.

SPECIALIZED TRAINING

2005 Zero to Three Conference, Washington, DC
 Infant Mental Health Conference, Philadelphia, PA

2003 Bayley Scales of Infant Mental and Motor Development Training, Newark, DE

2000 Adult Attachment Interview Training, Berkeley, CA

2001 Passed reliability tests of the Adult Attachment Interview

MEMBERSHIPS

2005-2006 Student Member of New Jersey Psychological Association
2003-2007 Society for Research in Child Development
2000-2006 American Psychological Association
2001-2006 Society for a Science of Clinical Psychology

HONORS & AWARDS

2005- 2006 Leadership Education in Neurodevelopmental Disabilities and Related Disorders
Fellow at The Children’s Hospital of Philadelphia, Philadelphia, PA
2004-2005 Graduate Scholars Fellowship at University of Delaware, Newark, DE
2003-2004 Vice President of the Graduate Student Council, Department of Psychology,
University of Delaware, Newark, DE
2000-2002 Presidential Fellowship, Department of Psychology, University of Delaware,
Newark, DE

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