Welcome to the latest edition of the *Year in Review Newsletter*. As we look back over the 2016-2017 academic year, we share the initiatives and accomplishments of our valued faculty, staff, students and alumni!

The Department of Psychology had another productive and successful year, including receipt of the 2017 Mildred Dahne Award.

Check out the listings of publications and presentations to see some of the incredible work our faculty and students are doing!

Starting in fall 2017, Dr. Sandra Sepulveda-Kozakowski joined us for a one-year, full-time appointment, and she is featured in our spotlight interview. She has already brought many great things to the department in the transition from beloved adjunct faculty, and we look forward to the rest of the year!

*We’re so proud of another year of great work in the department.*

*ERIN HAUGHEE*
*PROGRAM ASSISTANT*
Have you taught at other institutions prior to TCNJ?
Yes. I taught at Rider University and at the University of Delaware, where I was a graduate student.

Do you see a difference in the student bodies at other institutions compared to The College of New Jersey?
There’s a Jersey Pride that comes through very strong, which is kind of nice! I’ve taught large classes with around a hundred students at other institutions. I teach classes with smaller class sizes here, during which we can have more discussions. I really enjoy those experiences, as I am able to connect more with the students.

From living in New York to commuting to Philadelphia, how have you seen the surrounding community changing in New Jersey with different backgrounds in different areas?
I think it’s a nice mix. I find the campus beautiful and inviting. It feels like you want to learn. The location of the campus provides students an opportunity to explore urban, suburban and rural environments.

“'I really enjoy those experiences, as I am able to connect more with the students.'”

Can you tell me a little bit more about your advocacy?
My advocacy interests exist on a few levels. As a clinician, I have advocated for children, families and elders to receive different services and support. On a community level, things like collecting winter coats, food and other supplies for different organizations like Women’s Space or Homefront. From the academic side, the work that I did in graduate school focused on creating an intervention to support parents of children in foster care as they tried to attach and bond with their foster children.
ACADEMIC PROGRAMS

Academic Programs created new cover sheets for the Core, Foundation, Specialized, and Senior Experience courses. Reviewed and approved a new psychology course (PSY 360 - Psychology of Leadership). The committee reviewed and updated example syllabi for each course. All files are securely filed digitally and can be shared with new faculty and adjunct faculty.

In progress: For topics under umbrella courses that have been taught multiple time (e.g., PSY 373 Forensic Psychology), a standalone course proposal will be created and approved through HSS.
Data retrieved from Excel files provided by one of the PIPER Coordinator’s heroes, Valerian Anderson, indicate that by the end of the semester there were 24 studies in the PIPER system in which a total of 485 students earned 3,951 credits.

ELOPSY

Totals for each ELOpsy experience can be found in the chart to the right. The Internship Study Committee, with the assistance of front office staff, made significant edits to the department internship website in an effort to help students secure internship placements and faculty sponsors.

RPE

Research Planning and Ethics (RPE) Committee

The RPE committee primarily reviewed new and revised research proposals. They reviewed a total of 12 new proposals this year, approving 4 proposals with no revisions and 8 proposals with only minor revisions.

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PIPER

FALL 2016

Data retrieved from Excel files provided by one of the PIPER Coordinator’s heroes, Valerian Anderson, indicate that by the end of the semester there were 24 studies in the PIPER system in which a total of 485 students earned 3,951 credits.

SPRING 2017

Data retrieved from Excel files provided by Valerian Anderson indicate that by the end of the semester there were 21 studies in the PIPER system, with a total of 390 students earning 2,770 credits.
45 members were inducted into Psi Chi at the annual awards ceremony on March 29, 2017.

**Research Talks**

**Fall**
- **Jarret Crawford** (Importance of Replication in Psychology Research)
- **Roberta Golinkoff** (Putting "Education" Back in Educational Apps)

**Spring**
- **Andy Leynes** (How Encoding Can Alter the Efficiency of OurRemembering)
- **Ariel Williamson** (Research-to-Practice Gaps in Identifying and Training Pediatric Sleep Problems in Early Childhood)
- **Emily Lowery-Gionta** (The Periaqueductal Gray Area’s Role in Alcohol Use Disorders)

**Best Practices**

**Running a Research Lab**

**Teaching 299**

**Pedagogical Workshops**

**Fall**
- Using PowerPoint Effectively
- Research Ethics
- Providing Feedback on Writing and APA Style

**Spring**
- How Students Learn
- Research Ethics
- Prezi vs. PowerPoint
- Instructional Interns’ Experiences: Challenges and Strategies

Workshops for Instructional Interns Included. Those indicated with a star were also 9X events.


31. **Herres, J., Caporino, N. E., Cummings, C. M., & Kendall, P. C.** (April 2017). *Emotional Reactivity to Daily Events in Youth with Anxiety Disorders*. Poster to be presented at the biennial convention of the Society for Research in Child Development (SRCD), Austin, TX.
32. Wang, S. B., Herres, J., Diamond, G. S. (May 2017). Influence of Interpersonal Trauma and Positive Peer and Family Interactions on Posttraumatic Stress Among Adolescents and Young Adult Primary Care Patients. Poster to be presented at the annual convention of the Association for Psychological Science (APS), Boston, MA.


Madeline Anthes had 6 fiction publications. She also won a scholarship to complete a "Writing the Other" course in December, 2016, which teaches how to write about other cultures sensitively.

Jessica Barnack-Tavlaris was awarded promotion to Associate Professor. She also celebrated the birth of baby Gillian Grace on 11/16/17.

Ashley Borders welcomed a baby girl, Julia Borders Dave, on 5/7/16.

He Len Chung’s students won the Undergraduate Student Poster Award at the EPA’s Annual Meeting (awarded by Society for Community Research and Action (SCRA), American Psychological Association, Division 27). Poster: Rubio, Chung, Reyes, & Nehilia (2017).

Jarret Crawford’s paper (citation below) received Honorable Mention for the 2016 Gordon Allport Intergroup Relations Prize:


Jason Dahling was awarded promotion to full Professor.

James Graham is a Review Editor for Frontiers in Developmental Psychology

Joanna Herres completed her first year at TCNJ! She received SOSA and Professional Development awards for the upcoming year.

Jean Kirnan was awarded a Dean’s Mini-Grant (2016-2017) for the project “Expanding the Scope of Tail Waggin’ Tutor Research in the Local Community.” During her Sabbatical Leave (2016-2017), she wrote a book entitled *Everyday Ethics: A Case Study Approach*, which will be published by Taylor and Francis. Jean’s oldest daughter, Tarah, married Logan Howard on October 1st in a beautiful ceremony at Cavallo Point, California. Jean continues her volunteer work as a certified therapy dog handler with her golden retriever, Bob.

- This involves weekly visits to a local elementary school where the children read to Bob, which has been shown to reduce anxiety and increase enthusiasm for reading.
Margaret Martinetti reviewed articles for *Alcoholism: Clinical and Experimental Research*. She was inducted into the Delta Chapter of Phi Beta Kappa at TCNJ (Spring, 2017). Professeur Invitée Award (Summer, 2017) University of Picardie – Jules Verne (Amiens, France).

Andy Leynes was a 2017 Spring Recipient of a Phi Kappa Phi Student-Faculty Research Award for Brittany Mok’s research project, entitled The FN400 Relative to Meaningful and Meaningless Stimuli.


Shaun Wiley and his colleagues received grants from the European Association of Social Psychology (EASP), the Society for the Psychological Study of Social Issues (SPSSI), and the International Society of Political Psychology (ISPP) to host a meeting entitled “To be both (and more): Immigration and identity multiplicity.” The meeting brought together leading psychologists from Europe and North America who study of immigration and social identity, and they expect the meeting will result in:


A quote from The Mildred Dahne Award letter:

“Not only have you achieved extraordinary excellence in teaching (with outstanding attention to Signature Experiences, Honors Theses, and the training of adjunct faculty), but you are also highly productive teacher-scholars who are building a great reputation for the department and the College. All of us admired your comprehensive treatment of student involvement, from your groundbreaking advising courses to your growing alumni outreach program. Thank you for providing such an inspiring example of dedicated service and academic excellence.”
Where did you work before you came to TCNJ?
A variety of fields! I’ve been working since high school, including a specialty tea shop, a biotechnology cooperation, and some familiar names like Starbucks and GameStop. At the biotechnology corporation, I was able to put skills learned in TCNJ’s research labs to use in a professional setting. I enjoyed working with liquid nitrogen, performing DNA transfections and leading compound management… but I did miss psychology!

What are the highlights of your first year here at TCNJ?
There are so many! Broadening interaction with faculty beyond the student-mentor relationship has been a highlight. The faculty and staff at TCNJ are welcoming and kind. Working with the student employees in the office is extremely rewarding. Our student workers are dedicated, and watching our outstanding students take even the minutia of the office tasks to heart is inspiring. Other highlights include attending talks that departments host and the discussions that take place afterwards. I also facilitate a Sustained Dialogue group, which provides a positive reminder of the willingness of TCNJ students, faculty and staff to work towards an inclusive community. It’s an experience I feel fortunate to have.

How does working in the department compare to being a student?
What insights do you have from the other side of the desk?
A student is receiving the education, whereas working in the department is helping to facilitate that experience while supporting the faculty and staff who make that happen. I enjoy the work for many reasons, including the chance to interact with a lot of people and provide support. My advice from the other side of the desk is: don’t leave things until the last minute, but also don’t be too hard on yourself. Striving for a balance of calm conscientiousness is better than constant, frenzied concern. An insight for students is: your professors are working harder than you realize. Their unwavering dedication is inspiring. It stands out as a key element of TCNJ.

What do you do outside of the office?
I stay active in my local yoga non-profit community, which includes volunteering in events like The Local Mala. I couldn’t walk for a day afterwards but it was an honor to participate. I am currently working towards receiving my Level 1 Reiki attunement. One can both enjoy cellular biology and holistic health practices, which I mention because I’ve found it surprises people. I also write and sing. Being in an academic environment, these are excellent outlets to channel creativity!
Over the summer, Shira interned at Family Service League on Long Island, a center that provides physical and emotional aide to vulnerable citizens. Supervised by a LCSW, Shira saw her own clients, providing resources and support to help rebuild lives. Shira is currently in her junior year, which has been her busiest but most exciting yet! She undertook several new endeavors, including tutoring and her position as Vice President for TCNJ’s International Honor Society in Psychology (Psi Chi). Shira is a Research Assistant for the Reactivity Lab, and she presented at the Celebration of Student Achievement. She is planning to do independent research next semester with Dr. Borders to investigate the relationship between rumination and impulsivity.

Cecilia started her first semester at TCNJ in 2017 after transferring with an associates degree in liberal arts from the County College of Morris. Over the summer, she moved into her first house and worked at the Barnes and Noble in Campus Town as your favorite neighborhood barista. (Say hello to her this winter)! Cecilia became the president of Veglife, a campus club dedicated to informing the community about a plant-based diet. Cecilia was also accepted for an internship at Princeton University Press in the textbook promotions department and was inducted into Sigma Tau Delta, TCNJ’s English national honor society.

Devin graduated from Stockton University with a psychology major, a minor in holistic health and a concentration in mental health. He conducted an independent study, a Senior Project for Distinction, and presented his findings, "Public Displays of Affection in Same-Sex vs. Opposite-Sex Couples & the Influence of Loved Ones' Approval," at Stockton University’s Research in Psychology Conference, April 2017. This March, Devin will be presenting his research at the 2018 Association for Women in Psychology Conference in Philadelphia. He will be leading a 9X event on the topic in the spring.

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Many thanks to Maddie Anthes for all of her guidance during my first year and for everything she does to keep the department running smoothly.

We are blessed with invaluable assistance from our student workers. Thank you to our research assistant Shira Pollack, and our graduate assistant Devin Simpkins. A special thank you for assistance on this newsletter to our industrious office assistants Lauren Agho, who helped organize the data, and Cecilia McGuinness, who conducted the interviews.

We extend our gratitude to the following (chairs in bold): Academic Programs (Ashley Borders), Adjunct Mentoring and Support (Art Hohmuth), Admissions (Chu Kim-Prieto), Advisory (Jeanine Vivona), Assessment (Jason Dahling), Ceremonies and Recognition (Margaret Martinetti), Colloquia (Jarret Crawford), Department Resources (Tamra Bireta), Faculty Search (Shaun Wiley), Independent Study (Tamra Bireta), Internship (Betsy Ruddy), PIPER (John Ruscio), Promotions and Reappointment (Andrew Leynes), Research, Planning and Ethics (James Graham), Psi Chi (Jessica Barnack-Tavlaris), Psychology Club (Tamra Bireta; Art Hohmuth), Signature Experiences Scholarship (He Len Chung) and Student Awards (Aimee Stahl) and our Department Chair, Jeanine Vivona.

There is insufficient room to credit all the day-to-day contributions of staff, student employees, adjuncts and faculty. Thank you for your time and ongoing efforts on numerous committees and ad hoc assignments.

ERIN HAUGHEE
PROGRAM ASSISTANT

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