



Spring 2022
Summer 2022

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Fall 2021 Advising Newsletter
Psychology Department

RESOURCES:

[Click here](#) for advising resources and information from the Psychology Department.

[Click here](#) for the Advising for Students School of Humanities & Social Sciences resource.

[Click here](#) for more information on 09x events throughout the semester.

SOCIAL SCIENCES
BUILDING

ROOM 109

2000 PENNINGTON RD
EWING, NJ 08628

ONLINE



Advising Tips for Course Registration

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Spring and Summer Registration is **November 02 to November 12**

Advising Tip Sheet:

- Forget the requirements for the major? [The website](#) has an outline of all the major requirements.
- If you are a dual/double major, you have different liberal learning requirements. Check the [Liberal Learning website](#) for more details.
- If you're interested in learning more about a specialization, [check out the website](#) to see each specialization's requirement.
- Interested in research? Check out the ELOPsy pages on the website to learn about different research opportunities within the department. There are separate pages for [collaborative research \(labs\)](#), [internships](#) (including information on internships held by previous students), [learning assistant positions](#), [independent study/research](#), and [senior honors thesis](#).
- The psychology department houses several clubs you can join! If you're interested in joining Psych Club, email psychclub@tcnj.edu for more info! Or, you can join the Psychology Student Advisory Board. For more information on the Advisory Board, email mccaddek@tcnj.edu.
- The department hosts and promotes various events throughout the semester! Even if you're enrolled in PSY 96 or 97, all students are welcome to attend! Check [the department calendar](#) for a listing of the events. Note that events are added throughout the semester.

Want to Become a Psychology Major?

Submit your application between
February 10, 2022 and February 22, 2022

Requirements: Minimum overall GPA of 2.0; completion of PSY 101 with a C- or higher grade.

How to apply: Read all the instructions and complete the Psychology Major Application found on the Psychology Department website under "[Becoming a Psychology Major](#)".

Psychology Minor: You can fill out a minor form at any time during the semester. [Click here](#) for instructions on applying for a minor. *Don't wait until the last minute to complete your minor form!*



Advising Tips for Course Registration

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Steps for Enrolling in Classes

- ◆ **Visit the PAWS tutorials for TCNJ students website** for complete information on how to log-in to PAWS, search for classes, browse the Course Catalog, view your Holds, add courses to your Shopping Cart, and register for classes. To view the PAWS Tutorial, [click here](#).
- ◆ **View the exact date and time you may register** by visiting the Enrollment Appointment section in the PAWS Student Center. For step-by-step instructions on viewing your Enrollment Appointment, [click here](#).
- ◆ **Check PAWS for any HOLDS that will prevent you from registering.** If there is a non-advisor hold on your account, resolve the matter prior to your Enrollment Appointment. For the description of holds, [click here](#).
Internal and external transfer students: An advising hold will be placed on your record for your first semester ONLY to ensure that you meet with your advisor. This hold will be removed during your advising session.
- ◆ **Update your [Psychology Major Summary Sheet](#)** (indicating courses already taken).
- ◆ **Search for classes and fill your shopping cart.** The Schedule of Classes is available on PAWS. Prepare for registration week by adding courses to your Enrollment Shopping Cart prior to your enrollment appointment. For instructions on how to use your Enrollment Shopping Cart, [click here](#).
- ◆ **Check for pre-requisite issues.** You can see if you have met enrollment requirements prior to your enrollment time. The new Validate feature (available in your Shopping Cart) alerts you to any requisite issues that may prevent you from enrolling in a class. For quick tips on using the Validate feature, [click here](#). Resolve pre-requisite issues before registration. If the Validate feature identifies a potential requisite issue, and you are confident that the requisite was met, contact the Office of Records and Registration for assistance.
- ◆ **Meet with your faculty advisor before registering.** Find your advisor in the PAWS Student Center. Request to sign-up for a meeting via the link or email provided next to your advisor's office hours <https://psychology.tcnj.edu/about/faculty-office-hours/> OR you will receive an e-mail from your advisor to sign up for a meeting. When you meet with your advisor, bring your **Psych Major Summary Sheet**, and a **list of courses** for the upcoming semester.
- ◆ **Interested in participating in a lab?** Check [the listings online](#) to see what labs are accepting applications. After you have [read about website the Collaborative Research course](#) on the website, [click here](#) to apply.





Advising Sequence

Spring 2022 Advising

Remember to register for the Psychology 4-Year Advising Sequence

*Double majors and dual majors **ARE** required to complete the advising sequence

*Internal transfer students **do not** need to complete PSY 96.

Enroll in the appropriate advising course based on class standing at the time of admission to the Department.

Sophomores should have completed **PSY 97**

If they haven't already taken PSY 97 in the Fall,

Sophomores should enroll in PSY 97 for Spring 2021

Juniors should have completed **PSY 98**

If they haven't already taken PSY 98 in the Fall,

Juniors should enroll in PSY 98 for Spring 2021

Seniors should have completed **PSY 99**

If they haven't already taken PSY 99 in the Fall,

Seniors should enroll in PSY 99 for Spring 2021

(see note about PSY 99 below)

PSY 98 and PSY 99 **do not** meet regularly.

Students attend various workshops during the semester to satisfy this advising program's requirements. **All students are welcome to attend any workshops.**

97 meets regularly as a quarter class.

Students who anticipate an especially busy or difficult junior year (for example: Education dual majors who will be student teaching in their junior year, or students studying abroad), **should plan to take PSY 97 in their sophomore year and PSY 98 in their junior year.**

Class Levels

Freshmen or 1st Year: 0.00–7.75 earned course units

Sophomore or 2nd Year: 8.00–15.75 earned course units

Junior or 3rd Year: 16.0– 23.75 earned course units

Senior or 4th Year: 24.0+ earned course units

For advising resources and information, [click here](#).

You can also check out the FAQ page on the HSS website by [clicking here](#).



Research Seminar Courses (every semester)

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PSY 299-01: Memory & Cognition

Bireta, MR 12:30 PM – 1:50 PM

Prerequisite: PSY 203

This research seminar will focus on memory: why are some things easier to recall than others and what does this tell us about memory? You will learn how to design, conduct, analyze, write up, and present a psychological experiment, gaining some experience with collaborative research, while still retaining individual ownership over your final project. We will develop and refine research ideas together as a class. Then, you will design an experiment to present to the class. You will write up a research report in APA style on your own using the data that you analyze. The course relies heavily on what you learned in Methods & Tools of Psychology (PSY121) and Design & Statistical Analysis (PSY203). Completing this course will prepare you for undertaking a more substantial project in your senior capstone (PSY4XX).

DESIGN: Experimental

ANALYSIS: Quantitative

PROJECT STYLE: Individual project

TOPIC SELECTION: Student-selected (within a general topic provided by the faculty member)

DATA SOURCE: PIPER

Specialization: Cognitive, Social, Biopsychology

EMAIL THE DEPARTMENT:

PSYCDEPT@TCNJ.EDU

PSY 299-03: Transforming A Rape Culture

Herres, TF 11:00 AM – 12:20 PM

Prerequisite: PSY 203

Rape culture encourages male sexual aggression and perpetuates violence against women and other vulnerable groups. In this Research Seminar, we will investigate factors that make up a rape culture, such as toxic masculinity (e.g., the belief that sex is violent), misogyny, and homophobia, and consider ways to change these norms to help transform our culture for the better. Students will design a study to change the way others view consensual and nonconsensual sex (i.e., sexual assault), in order to prevent future acts of sexual violence and support victims of sexual violence.

DESIGN: Experimental

ANALYSIS: Quantitative

PROJECT STYLE: Group projects

TOPIC SELECTION: Faculty-directed with student input

DATA SOURCE: PIPER

SPECIALIZATION FIT: Most relevant to Counseling & Clinical, but open to all.

PSY 299-02: Social and Emotional Learning

Graham, TF 11:00 AM – 12:20 AM

Prerequisite: PSY 203

This research seminar focuses on conducting assessments and evaluations for school and community programs. Students will gain basic knowledge and develop skills necessary to produce valid and usable evaluations related to children's social and emotional development. Students will work in groups on faculty-directed topics and actively collect data from various participants (i.e., stakeholders, staff, teachers, and parents) or analyze archival data from child participants. Students will review research and statistical knowledge gained in PSY 121 and 203, and design, carry out and write a full-length APA-formatted report.

DESIGN: Correlational

ANALYSIS: Mixed-Methods (Quantitative and qualitative)

PROJECT STYLE: Group project

TOPIC SELECTION: Faculty-directed topics

DATA SOURCE: Non-TCNJ sample and Archival

SPECIALIZATION FIT: Developmental, Social, I/O



Research Seminar Courses (every semester)

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PSY 299-04: Child Development Controversies

Ruddy, TF 9:30 AM – 10:50 AM

Prerequisite: PSY 203

How much should parents monitor and/or restrict their children's and adolescents' activities? For example, what restrictions on media use are appropriate at various ages? Students will decide on topics to explore.

DESIGN: Experimental, Correlational

ANALYSIS: Quantitative

PROJECT STYLE: Individual projects, group data collection

TOPIC SELECTION: Student choice within course topic

DATA SOURCE: PIPER

SPECIALIZATION FIT: Most relevant to Developmental, but open to all.

PSY 299-05: Intergroup Relations

Wiley, MR 9:30 AM – 10:50 AM

Prerequisite: PSY 203

In this section, students will examine how people regulate their emotions in response to threats to groups to which they belong. We will conduct an experiment as a group and collect data online. We will conduct quantitative analyses of our data. Students will work together on the experiment, but will write their papers independently.

QUESTIONS?
CALL THE OFFICE AT:

609.771.2485



Psychology Students
at the Spring 2020
Virtual Lab Olympics

Specialized Courses

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PSY 316-01: Applied Behavior Analysis (occasionally)

Schweighardt, W 5:30 PM - 8:20 PM

Prerequisite: PSY 121

Provides a foundation in behavior-analytic theory and explores how behavior-analytic principles are applied to the treatment of such disorders as autism, anxiety disorders, and developmental disabilities. Emphasis will be placed upon experimental design and data collection in applied settings.

PSY 322-01: Children and the Media (occasionally)

Graham, TF 9:30 AM – 10:50 AM

Prerequisite: PSY 121 & PSY 220

The course examines the relations between children and youth, and traditional and new media. The course begins by reviewing the developmental stages of children, and theories about childhood as socially constructed. The course presents up-to-date research highlighting the potentially negative impact of age-inappropriate or excessive media use on children's physical, cognitive, and socioemotional well-being. Further, the course focuses on benefits of media and how they enhance children's education and social relationships.

PSY 333-01: Cognitive-Behavioral Therapy (annually)

Krauss, W 8:00 AM – 10:50 AM

Prerequisite: PSY 121 & PSY 216 or PSY 217

This course, an introduction to cognitive-behavior therapy, expands upon what you have learned about cognitive and behavior therapy theory and techniques in previous psychology courses. You will learn more about some of the strategies and techniques cognitive-behavioral practitioners use to assess and treat anxiety, including relaxation training, systematic desensitization, assertiveness training, stress management, cognitive restructuring and contingency management. We will also consider important current issues in the profession such as ethics in clinical practice, working with people from diverse backgrounds, the structure of the mental health care system, graduate training and careers, and treatment process and outcome research methodology.

PSY 336-01: Sexual/Gender Minority Mental Health (occasionally)

Borders, MR 11:00 AM – 12:20 PM

Prerequisite: PSY 121 & PSY 216 or PSY 217

This seminar will cover current issues in LGBTQI mental health, including theories of sexual minority stress and identity development, research on mental and physical health in this population, coping and protective factors, and treatments. The course will combine synchronous class meetings with asynchronous individual and small-group work.

PSY 340-01: Health Psychology (annually)

Barnack-Tavlaris, MR 9:30 AM – 10:50 AM

Prerequisite: PSY 121 or ANT 240

Examines how psychological, social, and behavioral factors interact with and affect the success people have in maintaining their health, obtaining medical treatment, coping with stress and pain, and recovering from serious illness.

PSY 342-01: Clinical Psychopharmacology (annually)

Ruddy, MR 9:30 AM – 10:50 AM

Prerequisite: PSY 212

Explores how psychological disorders are influenced by neurotransmitters, hormones, and neurotrophic factors, and by interventions that increase or decrease these chemicals. Clinical disorders will include: depression, anxiety disorders, anorexia/bulimia nervosa, attention deficits, dementia, and schizophrenia. Both intended effects and side effects of drugs will be studied, as well as individual differences in effects (due to genes/environments).



Specialized Courses

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PSY 343-01: Behavioral Pharmacology of Drug Abuse (annually)

D'Amore, M 5:30 PM – 8:20 PM

Prerequisite: PSY 212

Explores the pharmacological and behavioral events with several drugs of abuse including cocaine, nicotine, alcohol, opiates, hallucinogens, and caffeine, as well as other drugs such as inhalants and Ecstasy.

PSY 350-01: Psychology of Women (every semester)

Fogg, W 6:00 PM – 8:50 PM

Prerequisite: PSY 121

Examines the psychology of women in light of biological, social, and cultural influences. A variety of psychological theories and research findings are explored to study the development and behavior of women in various social contexts.

PSY 355: Psychology of Power, Oppression & Privilege (annually)

Wiley, MR 11:00 AM – 12:20 PM (355-01)

Crofford-Hotz R 6:00 PM — 8:50 PM (355-02)

Prerequisite: PSY 101

Psychology of Power, Oppression, and Privilege is designed to be a specialized course for the Social Specialization within the Psychology major. This course provides an in-depth coverage of psychology topics, including stereotyping, prejudice and privilege, discrimination and advantage, intergroup relations, attributions, social influence, personal self-esteem and collective self-esteem. In addition, this course provides further opportunities for students to develop their writing, speaking, and presentation skills.

PSY 360-01 Psychology of Leadership (occasionally)

Axtell, M 5:00 PM—7:50 PM

Prerequisite: PSY 121 or permission of instructor

This course explores developmental, cognitive, and social psychology perspectives on leadership emergence, development, and effectiveness. Diversity is an important theme in the course, which emphasizes the roles of individual differences such as gender, race, and nationality in leadership processes. Other topics include emotions in leadership, charisma, and abusive or toxic leadership. The material is intended to be accessible and relevant to students regardless of specialization interests.



Specialized Courses

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PSY 362-01: Judgment and Decision Making (occasionally)

Ruscio, MR 11:00 AM – 12:20 PM

Prerequisite: PSY 121 or permission of instructor

Economic models typically assume that human decision making is entirely rational, but psychological research demonstrates that our judgments and decisions can be influenced by cognitive limitations and biases as well as social and motivational factors. This course will begin with a brief overview of basic economic principles of decision making and then examine what have come to be called behavioral economic principles that more accurately describe how judgments are reached and decisions are made. We will also explore the consequences of shortcomings of reasoning in important contexts and consider ways to debias judgments and make better decisions.

PSY 363-01: Psychology of Ethics (occasionally)

Kirnan, MR 9:30 AM - 10:50 AM

Prerequisite: PSY 101 or MGT 201

While many courses have an ethical component, they tend to be restricted in topic (research, workplace, client) and focus they are prescriptive in nature, telling students what they should and should not do, This course moves beyond prescriptive to a descriptive study of ethics, examining ethics as human behavior and not a value system. Thus, we apply many concepts learned in other courses (learning theory, motivation, developmental models) to enhance our understanding of ethical and unethical behavior.

PSY 365: Consumer Behavior (every semester)

Becker, MR 11:00 AM - 12:20 PM (365-01),

Becker, MR 12:30 PM - 1:50 PM (365-02)

Prerequisite: PSY 101 or SOC 101 or MKT 201

Combined section with MKT 365

Students will learn to apply basic social science principles and theories to an understanding of the behavior of consumers. Basic psychological principles (e.g., learning, memory, perception, attitudes, and motivation), as well as sociological and anthropological concepts (e.g., demographics, group dynamics, cultural influences), are explored and then examined in relation to consumption processes and activities used by marketers and public policy actors to influence consumer behavior.



Specialized Courses

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PSY 373-01 C&C Seminar: Psychology of Personal Growth

(every semester)

Zamel, R 5:30 PM – 8:20 PM

Prerequisite: PSY 121 & PSY 216 or PSY 217

The purpose of this course is for students to examine and apply theories of psychology and identity development to gain insight about themselves and other people from diverse groups. Through readings, reflections, discussion, and class activities, this course will explore matters such as personal identity, relational identity, moral behavior, achievement, spirituality and stress-coping, as well as examine the role of social statuses such as gender, social class, race/ethnicity, and sexual orientation in personal development. Students will be required to integrate these larger social issues with psychological concepts and theories, and to synthesize these various elements to analyze their own lives and the life circumstances of others.

PSY 398-01 C&C Field Experience Seminar (every semester)

Borders, MR 9:30 AM – 10:50 AM

Prerequisite: PSY 216, PSY 217

Students will complete a field experience in a mental health setting. The field experience will be the foundation for integrating knowledge from various courses in clinical psychology. Class time will be spent in joint discussions of students' field experiences and the relevant professional literature. Both an appropriate piece of written work and an oral presentation to the class are required. Faculty approval of the field placement is necessary.



INTERESTED IN JOINING *PSI CHI*
The International Honor Society of Psychology?

 **REQUIREMENTS:** 

3.5 overall GPA
3.5 Psychology GPA
Must have completed 3+ semesters at TCNJ
Must have taken at least 4 psychology courses

.....

NEW TRANSFER STUDENT POLICY:
3.5 overall GPA
3.5 Psychology GPA
Must be entering third year of college or later
Must have completed 2 semesters at TCNJ
OR 3 psychology courses at TCNJ

EMAIL PSICHI@TCNJ.EDU FOR MORE INFORMATION



400-Level Courses

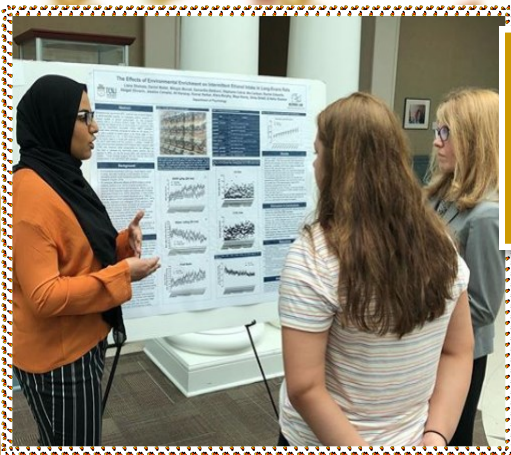
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PSY 419-01: History & Systems of Psychology (occasionally)
Hart, R 5:30 PM – 8:20 PM
Prerequisite: PSY 299

This course will consider how psychology's goals, methods, and beliefs have evolved throughout its history. As a senior experience, this course will allow students to integrate experiences from various areas of the discipline, to analyze and evaluate psychology's past and to make recommendations for its future.

PSY 470-01: Senior Topics Study Group (every semester)
Women's Reproductive Health
Barnack-Tavlaris, MR 12:30 PM – 1:50 PM
Prerequisite: PSY 299

This senior topics course is designed to examine issues related to women, gender, and reproductive health, from a biopsychosocial perspective. Students will learn to evaluate and discuss the literature and various theoretical perspectives. Examples of topics include pregnancy, birth, menstruation, and infertility. These topics will be explored across the lifespan and across various cultural contexts. Students will develop their scientific writing and skills through intensive writing assignments.



Dr. Martinetti and students presenting at CoSA
([Instagram, 5/8/19](#))

TCNJ psychology students demonstrating #hienergy and #hiachieving attitudes
([Instagram, 4/22/19](#))



PSY 470-02: Senior Topics Study Group (every semester)
Self-Regulation
Dahling, TF 2:00 PM – 3:20 PM
Prerequisite: PSY 299

Self-regulation of behavior is a fundamental motivational process that is relevant to all areas of psychology. In this course, we will take the perspective that human behavior is a continual process of moving toward, and away from, various kinds of goal representations. We will use this framework to study how goals form and interact, why people persist or fail in the pursuit of long-term goals, and how goals can contribute to, and detract from, our wellbeing. Readings are explicitly multidisciplinary, cutting across many specialized areas of psychology to explore self-regulatory processes in a variety of familiar and unfamiliar contexts.



Spring 2022 Lab Recruitment

Interested in joining a lab? Below is the list of recruiting labs for Spring 2022

Lab	Professor	Notes / Special Requests
Alcohol Lab	Dr. Martinetti	—
Emotion Lab	Dr. Kim	—
ERP Lab	Dr. Leynes	https://erplab.pages.tcnj.edu/research-opportunities/
Identity Development across the African Diaspora (IDAD) Lab	Dr. Onyewuenyi	—
Infant/Child Lab	Dr. Ruddy	—
MISC Lab	Dr. Grimm	—
Organizational Psychology Lab	Dr. Dahling	—
Political Psychology Lab	Dr. Crawford	—
Quantitative Psychology Lab	Dr. Ruscio	Would like to recruit one or more students who'd be interested in working on a research project involving statistical modeling of NFL game data
Reproductive and Sexual Health Lab	Dr. Barnack-Tavlaris	—
Romantic Relationships (RRR) Lab	Dr. Feiring	—
Social Change and Collective Identity (SCID) Lab	Dr. Wiley	—
Social and Emotional Development (SED) Lab	Dr. Graham	—
TAP Lab	Dr. Kirnan	Recruiting minimally for Spring 2022

For more information about how to apply, [click here](#).



Summer 2022 Courses

Session 1

PSY 101-01: General Psychology
Bireta, R 9:00 AM— 12:30 PM

Psychology Core Course. Introduction to major topics in psychology, including biopsychology, development, cognition, counseling-clinical psychology, social psychology, and psychology in industrial/organizational settings.

PSY 334-01: The Psychology of Mindfulness and Meditation Borders, MTWRF 1:00 PM—4:15 PM
Prerequisite: PSY 216 or PSY 217

Originating from Eastern spiritual traditions, mindfulness and meditation have long histories of influencing Western psychology. This course will explore what scientific methods have taught us about the effects of mindfulness and meditation on the brain, body, thoughts, emotion, and behavior. Students will also meditate in class and be asked to start a meditation practice of their own outside of class. This course meets for 3 hours per week. It is worth 1 unit (4 credits) because students are assigned additional learning tasks that make the semester's learning experience more deeply engaged and rigorous.



Session 2

PSY 340-01: Health Psychology
Barnack-Tavlaris, T 10:00 AM—1:00 PM
Prerequisite: PSY 121 or ANT 240

Examines how psychological, social, and behavioral factors interact with and affect the success people have in maintaining their health, obtaining medical treatment, coping with stress and pain, and recovering from serious illness.



Session 3

PSY 299-01: Best Practices in Social Psychology
Crawford, TWR 9:00 AM- 12:00 PM
Prerequisite: PSY 203

Psychology has recently faced a crisis of confidence due to several developments, including but not limited to fraud, poor research practices, and an inability to replicate results. This 299 seminar will focus on understanding the sources of this crisis, training in better methodological and statistical practices, identifying studies that are good candidates for replication, and attempting to replicate those studies.
DESIGN: correlational and/or experimental (various projects, so possibility of various designs)

ANALYSIS: quantitative

PROJECT STYLE: group project

TOPIC SELECTION: student-chosen, with faculty direction

DATA SOURCE: TCNJ, online, and archival

SPECIALIZATION: social; cognitive

Happy Spring/Summer 2022 Advising and Registration!

