

Curriculum Vitae
Joanna L. Herres, Ph.D.

Department of Psychology
The College of New Jersey
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Employment

The College of New Jersey, Ewing, NJ 2016–Present
Associate Professor (2021–Present)
Assistant Professor (2016–2021)
Department of Psychology

Drexel University, Philadelphia, PA 2013–2016
Assistant Teaching Professor (January–August 2016)
Adjunct Professor (September–December 2015)
Department of Health Sciences
Postdoctoral Research Fellow (August 2013–December 2015)
Couple and Family Therapy Department

EDUCATION

University of Delaware, Newark, DE 2007–2013
Ph.D. in Clinical Psychology, August 2013 (M.A. in Clinical Psychology, May 2010)
Dissertation title: *The Role of Daily Mood, Daily Interpersonal Events, and Mood Reactivity to Daily Interpersonal Events in the Maintenance of Adolescent Depressive Symptoms* (Defended Sept. 2012)
Committee: Roger Kobak, Ph.D. (Chair), Brian Ackerman, Ph.D., Jean-Philippe Laurenceau, Ph.D., Christine Ohannessian, Ph.D.

Temple University, Philadelphia, PA 2012–2013
Predoctoral Internship with the Temple University Clinical Psychology Consortium
Program: Child/Adolescent Anxiety Disorders Track
Supervisors: Philip Kendall, Ph.D. and Robert Fauber, Ph.D.

Bryn Mawr College, Bryn Mawr, PA 2001–2005
B.A. in Psychology (Minor in Education), May 2005, *Cum Laude*

HONORS AND AWARDS

Support of Scholarly Activity (SOSA), The College of New Jersey 2017-2019, 2019-2021, 2021-2023

Mentored Undergraduate Summer Experience (MUSE) Award 2018, 2020, 2021

Psi Chi APA Convention Society Research Award 2021

Humanities and Social Sciences Mini-Grant, \$1,000, The College of New Jersey 2019

Psi Chi Mentored Research Award at the Eastern Psychological Association Meeting 2018

Psi Chi Model Chapter (Faculty Advisor) 2017-18, 2018-2019, 2019-2020

Phi Kappa Phi Student-Faculty Research Award, The College of New Jersey 2017
Professional Development Award, The College of New Jersey 2017

GRANTS

Evaluator on a grant funded by the Department of Justice, Office for Victims of Crime 2018-2019
TCNJ Grant to Enhance Sexual Violence Response and Prevention Services
Principal Investigator: Michelle Lambing, The College of New Jersey

Statistical Consultant on NEA Healing Arts Partnership Grant 2015-2018
Thematic Analysis of Masks Created through the Art Therapy Program at Walter Reed Medical Center
Principal Investigator: Girija Kaimal, Ed.D., Drexel University

External Evaluator on Kellogg Foundation Grant 2016-2018
Harnessing Opportunities to Promote Early Success
Principal Investigator: Brian Daly, Ph.D., Drexel University

Co-Investigator on NIMH Grant 2013-2016
Attachment Based Family Therapy for Suicidal Adolescents (R01 MH091059)
Principal Investigators: Guy Diamond, Ph.D. and Roger Kobak, Ph.D.

Graduate Research Assistant on completed NIMH Grant 2007-2008
Attachment and Risk in Early Adolescence (R01 MH59670)
Principal Investigator: Roger Kobak, Ph.D.

Research Assistant on completed NIMH/NIDA Grants 2005-2007
Maltreated Children's Emotions and Self-Cognitions (R01 MH56751)
Emotions and Behavioral Outcomes in Neglected Children (R01 MH 064473)
Developmental Effects of Prenatal Cocaine Exposure (R01 DA07109)
Principal Investigator: Michael Lewis, Ph.D.

MANUSCRIPTS PUBLISHED IN PEER REVIEW JOURNALS

* Underlined names indicate student co-authors.

Herres, J., James, K., Bounoua, N., Krauthamer-Ewing, E. S., Kobak, R., & Diamond, G. S. (accepted).
Anxiety-related difficulties in goal-directed behavior predict worse treatment outcome among
adolescents treated for suicidal ideation and depressive symptoms. *Psychotherapy*.

Abbott, C. H., Zisk, A., **Herres, J.**, Diamond, G. S., Krauthamer-Ewing, S., & Kobak, R. (in press).
Exploring the Relations Between Interpersonal Risk and Adolescent Suicidality During
Treatment. *Journal of Consulting and Clinical Psychology*.

Kaimal, G., Carroll-Haskins, K., Ramakrishnan, A., Magsamen, S., Arslanbek, A. & **Herres, J.** (in press).
Outcomes of visual self-expression in virtual reality on psychosocial well-being with the
inclusion of a fragrance stimulus: A pilot mixed methods study. *Frontiers in Psychology*.

Daly, B. P., **Herres, J.**, Litke, S., Domlyn, A., & Weist, M. D. (in press). What can we do to advance the
search for treatment mediators of youth depression? Commentary on "What Do 30 Years of
Randomized Trials Tell Us About How Psychotherapy Improves Youth Depression? A
Systematic Review of Candidate Mediators". *Clinical Psychology: Science and Practice*.

- Kaimal, G., Walker, M., **Herres, J.**, Berberian, M., & DeGraba, T. J. (in press). Examining associations between montage painting imagery and symptoms of depression and posttraumatic stress among active-duty military service members. *Psychology of Aesthetics, Creativity, and the Arts*.
- Pollack, S., & **Herres, J.** (2020). Prior Day Negative Affect Influences Current Day Procrastination: A Lagged Daily Diary Analysis. *Anxiety, Stress, and Coping*, 33(2), 165-175.
- Chang, C., Ohannessian, C., Krauthamer-Ewing, E. S., Kobak, R., Diamond, G. S., & **Herres, J.** (2020). Attachment and parent-adolescent discrepancies in reports of family functioning among suicidal adolescents. *Journal of Child and Family Studies*, 29, 227–236.
- Abaya, R., Atte, T., **Herres, J.**, Diamond, G., & Fein, J. A. (2019). Characteristics and behavioral risk factors of firearm-exposed youth in an urban emergency department. *Journal of Behavioral Medicine*, 42(4), 603-612.
- Russon, J., Mensinger, J., **Herres, J.**, Shearer, A., Vaughan, K., Wang, S.B., & Diamond, G.S. (2019). Contextual and individual risk factors associated with eating disorders: A latent class analysis with youth presenting in primary care. *Child Psychiatry and Human Development*, 50(5), 727-737.
- Krauthamer-Ewing, E. S., **Herres, J.**, Dilks, K., Rahim, F., & Trentacosta, C. (2019). Understanding of emotions and empathy: Predictors of positive parenting with preschoolers in economically stressed families. *Journal of Child and Family Studies*, 28(5), 1346-1358.
- Herres, J.**, Shearer, A., Kodish, T., Kim, B., Wang, S. B., & Diamond, G. S. (2019). Differences in suicide risk severity among suicidal youth with anxiety disorders. *Journal of Crisis Intervention and Suicide Prevention*.
- Diamond, G. S., Kobak, R. R., Krauthamer-Ewing, E. S., Levy, S. A., **Herres, J. L.**, Russon, J. M., & Gallop, R. J. (2019). A randomized controlled trial: Attachment-based family and nondirective supportive treatments for youth who are suicidal. *Journal of the American Academy of Child & Adolescent Psychiatry*, 58(7), 721-731.
- Herres, J.**, Wang, S. B., Bobchin, K., & Draper, J. (2018). A socioecological model of risk associated with campus sexual assault in a representative sample of liberal arts college students. *Journal of Interpersonal Violence*.
- Kaimal, G., Walker, M., **Herres, J.**, & DeGraba, T. J. (2018). Observational study of associations between visual imagery and measures of depression, anxiety, and post-traumatic stress among active-duty military service members with traumatic brain injury. *BMJ Open*, 8(6), 1-9.
- Bounoua, N., Abbott, C., Zisk, A., **Herres, J.**, Diamond, G., & Kobak, R. (2018). Emotion regulation and spillover of interpersonal stressors to postsession insight among depressed and suicidal adolescents. *Journal of Consulting and Clinical Psychology*, 86(7), 593-603.
- Herres, J.**, Caporino, N. E., Cummings, C. M., & Kendall, P. C. (2018). Emotional Reactivity to Daily Events in Youth with Anxiety Disorders. *Anxiety, Stress, and Coping*, 31(4), 387-401.

- Grassetti, S. N., Williamson, A. A., **Herres, J.**, Layne, C. M., Kaplow, J. B., Pynoos, R. S., & Kobak, R. (2018). Evaluating Referral, Risk Screening, and Assessment Procedures for Trauma/Grief-Focused Group Treatment in Middle Schools. *School Psychology Quarterly*, 33(1), 10-20.
- Herres, J.**, Kodish, T., Fein, J., & Diamond, G. (2018). Screening to identify groups of pediatric emergency department patients using latent class analysis of reported suicidal ideation and behavior and non-suicidal self-injury. *Archives of suicide research*, 22(1), 20-31.
- Wang, S. B., **Herres, J.**, & Diamond, G. S. (2017). Unique interactions of interpersonal trauma and positive peer and family experiences on traumatic distress among pediatric primary care patients. *Journal of Interpersonal Violence*.
- Kaimal, G., Ayaz, H., **Herres, J.**, Dieterich-Hartwell, R., Makwana, B., Kaiser, D. H., & Nasser, J. A. (2017). Functional near-infrared spectroscopy assessment of reward perception based on visual self-expression: Coloring, doodling, and free drawing. *The Arts in Psychotherapy*, 55, 85-92.
- Herres, J.**, Williamson, A. A., Kobak, R., Layne, C. M., Kaplow, J. B., Saltzman, W. R., & Pynoos, R. S. (2017). Internalizing and externalizing symptoms moderate treatment response to school-based trauma and grief component therapy for adolescents. *School Mental Health*, 9(2), 184-193.
- Shearer, A., Russon, J., **Herres, J.**, Wong, A., Jacobs, C., Diamond, G. M., & Diamond, G. (2017). Religion, sexual orientation, and suicide attempts among a sample of suicidal adolescents. *Suicide and Life Threatening Behavior*, 48(4), 431-437.
- Diamond, G. S., **Herres, J.**, Ewing, E. S. K., Atte, T. O., Scott, S. W., Wintersteen, M. B., & Gallop, R. J. (2017). Comprehensive Screening for Suicide Risk in Primary Care. *American Journal of Preventive Medicine*, 53(1), 48-54.
- Kodish, T., **Herres, J.**, Shearer, A., Atte, T., Fein, J. A., & Diamond, G. S. (2016). Bullying, Depression, and Suicide Risk in a Pediatric Primary Care Sample. *Journal of Crisis Intervention and Suicide Prevention*, 37(3), 241-246.
- Shearer, A., **Herres, J.**, Kodish, T., Squitieri, H., James, K., Russon, J., Atte, T., & Diamond, G. (2016). Differences in mental health symptoms across lesbian, gay, bisexual, and questioning (LGBQ) youth in primary care settings. *Journal of Adolescent Health*, 59(1), 38-43.
- Herres, J.**, Krauthamer-Ewing, E. S., & Kobak, R. (2016). Emotional reactivity to negative adult and peer events and the maintenance of adolescent depressive symptoms: A daily diary design. *Journal of Abnormal Child Psychology*, 44(3), 471-481.
- Caporino, N. E., **Herres, J.**, Kendall, P.C., & Wolk, C. B. (2016). Dysregulation in youth with anxiety disorders: Relationship to acute and 7- to 19-year follow-up outcomes of cognitive-behavioral therapy. *Child Psychiatry and Human Development*, 47(4), 539-547.
- Bennett, D., Hersh, J., **Herres, J.**, & Foster, J. (2016). HIV-related stigma, shame, and avoidant coping: Risk factors for internalizing symptoms among youth living with HIV. *Child Psychiatry and Human Development*, 47(4), 657-664.
- Herres, J.**, & Ohannessian, C. (2015). Adolescent Coping Profiles Differentiate Reports of Depression and Anxiety Symptoms. *Journal of Affective Disorders*, 186, 312-319.

- Shearer, A., Russon, J., Herres, J., Atte, T., & Diamond, G. (2015). The relationship between disordered eating and sexuality amongst adolescents and young adults. *Eating Behaviors, 19*, 115-119.
- Kobak, R., Zajak, K., **Herres, J.**, & Krauthamer-Ewing, E. S. (2015). Attachment based treatments for adolescents: The secure cycle as a framework for assessment, treatment and evaluation. *Attachment and Human Development, 220-239*.
- Herres, J.**, & Kobak, R. (2015). The role of parent, teacher, and peer events in maintaining depressive symptoms during early adolescence. *Journal of Abnormal Child Psychology, 43(2)*, 325-337.
- Grassetti, S. N., **Herres, J.**, Williamson, A. A., Close, H., Layne, C. M., & Kobak, R. (2015). Narrative focus predicts symptom change trajectories in group treatment for traumatized and bereaved adolescents. *Journal of Clinical Child and Adolescent Psychology, 933-41*.
- Gaskins, C. S., **Herres, J.**, & Kobak, R. (2012). Classroom order and student learning: A three level model of achievement trajectories. *Journal of Applied Developmental Psychology, 33*, 227-235.
- Kobak, R., **Herres, J.**, Gaskins, C., & Laurenceau, J-P. (2012). Teacher-student interactions and adolescent states of mind as predictors of early romantic attachments and risky sexual behaviors. *Attachment and Human Development, 14*, 289-303.

MANUSCRIPTS UNDER REVIEW OR IN PREPARATION

* Underlined names indicate student co-authors.

- Ortelli, O. Bobchin, K., Jacoby, C., & **Herres, J.** (under review). Social reactions to substance-related campus sexual assault depend on whom you tell. *Violence and Victims*.
- Dilks-Webb., K.E., Krauthamer-Ewing, E.S., **Herres, J.**, Bluteau-James, V., Diamond, G.S. (under review). Parental psychological distress and role-confused parenting behavior in a sample of parents of depressed and suicidal adolescents. *Journal of Family Psychology*.
- Herres, J.**, Ortelli, O., Rodriguez, I., & Onyewuenyi, A. (under review). Risk and protective factors associated with perceived stress and depressive symptoms among college students during the COVID-19 pandemic. *Journal of American College Health*.
- Onyewuenyi, A., Villareal, L., Rodriguez, I., & **Herres, J.** (in preparation). Early psychosocial effects of COVID-19 among U.S. college students at a predominantly undergraduate institution.
- Meyers, S., Rodriguez, I., Jacoby, C., & **Herres, J.** (in preparation). A socioecological model of risk associated with stalking on college campuses.
- Herres, J.**, & Rodriguez, I. (in preparation). The impact of the social climate on the development of posttraumatic stress following campus sexual assault.
- Herres, J.**, Pollack, S., Bobchin, K., & Diamond, G. S. (in preparation). Emotional arousal via vocal pitch as indicator of treatment readiness for adolescent suicidality.
- Bobchin, K., & **Herres, J.** (in preparation). Risk of posttraumatic stress disorder among LGBQ college students with a history of campus sexual assault.

BOOK CHAPTERS AND OTHER PUBLISHED WORKS

- Herres, J.**, Hunt, Q., & Diamond, G. (2018) Structural equation modeling in couple and family research. In J. Lebow, A. Chambers, & D. Breunlin (Eds.) *Encyclopedia of Couple and Family Therapy*. Springer, Cham.
- Herres, J.**, Cummings, C. M., Makover, H., Swan, A., & Kendall, P. C. (2015). Treatment of youth anxiety. In M. Maric, P. J. M. Prins, & T. H. Ollendick (Eds.), *Mediators and Moderators of Youth Treatment Outcomes*. New York: Oxford University Press.
- Wei, C., Cummings, C. M., **Herres, J.**, Read, K. L., Carper, M., Swan, A., Hoff, A., Mahendra, V., & Kendall, P. C. (2014). Dissemination and implementation of empirically-supported treatments for anxious youth: A discussion on effectiveness in school and community settings. In R. Beidas & P. C. Kendall (Eds.), *Child and Adolescent Therapy: Dissemination and Implementation of Empirically-Supported Treatments*. New York: Oxford University Press.
- Kobak, R., & **Herres, J.** (2012). Social networks and attachment bonds during adolescence: Implications for early pair bonding and risky behaviors. In L. Campbell & T. Loving (Eds.), *Interdisciplinary Research on Close Relationships: The Case for Integration*. Washington, DC: American Psychological Association.

CONFERENCE PRESENTATIONS

* Underlined names indicate student co-authors.

- Silverstein, M. J., **Herres, J.**, Ostrowski-Delahanty, S., Stavropoulos, V., Bernstein, S., Kassam-Adams, N., & Daly, B. P. (November 2021). Do parent posttraumatic stress symptoms (PTSS) predict later child PTSS? Results from an international data archive. Paper accepted for presentation at the International Society for Traumatic Stress Studies (*Virtual*).
- Rodriguez, I. & **Herres, J.** (November 2021). Impact of negative social reactions and perceptions of campus climate on posttraumatic stress disorder symptoms following college sexual assault. Poster submitted for presentation at the International Society for Traumatic Stress Studies (*Virtual*).
- Pollack, S., **Herres, J.**, & Borders, C. (August 2021). The effects of daily gratitude on procrastination in college students. Poster presented at the American Psychological Association (*Virtual*).
- Rodriguez, I., Toor, R., & **Herres, J.** (November 2020). Social reactions to disclosure of campus sexual assault and PTSD symptoms among Black female undergraduates. Poster presented at the Association of Behavioral and Cognitive Therapies (*Virtual*).
- Buckwalter, E., & **Herres, J.** (November 2020). The relationship between substance-related campus sexual assault, substance use coping, and posttraumatic stress symptoms. Poster presented at Association for Behavioral and Cognitive Therapies (*Virtual*).

- Ortelli, O. & **Herres, J.** (November 2020). Social reactions to substance-related campus sexual assault depend on whom you tell. Poster presented at Association for Behavioral and Cognitive Therapies (*Virtual*).
- Ortelli, O., McDowell, M., & Herres, J. (November 2020). The effects of trauma type on subsequent alcohol use and PTSD symptomology. Poster presented at Association for Behavioral and Cognitive Therapies (*Virtual*).
- Davis-Swing, M., Ortelli, O., Meyers, S., & Herres, J. (June 2020). Stress moderates gender differences in eating disorder symptoms among college students. Poster presented virtually at Eastern Psychological Association, (*Virtual*).
- Meyers, S., Davis-Swing, M., Ortelli, O., & Herres, J. (June 2020). Intimate partner violence in a college setting and corresponding perceptions of campus climate. Poster presented virtually at Eastern Psychological Association, (*Virtual*).
- Ortelli, O., Meyers, S., Davis-Swing, M., & Herres, J. (June 2020). PTSD symptom clusters, depression, and alcohol use among college sexual assault survivors. Poster presented virtually at Eastern Psychological Association, (*Virtual*).
- Meyers, S., & Herres, J. (November 2019). Prevalence of Stalking and its Behavioral and Social Correlates. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.
- Herres, J., Wang, S. B., James, K., & Bounoua, N.** (November 2019). Emotion Dysregulation Mediates Differential Treatment Response for Suicidal Adolescents Diagnosed with Anxiety. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.
- Bobchin, K., & Herres, J. (November 2019). Risk of Posttraumatic Stress Disorder among LGBQ Liberal Arts College Students with a History of Campus Sexual Assault. Poster presented at the annual conference of the International Society for Traumatic Stress Studies (ISTSS), Boston, MA.
- Vodapalli, S., Bobchin, K., & Herres, J. (November 2018). Effects of Social Reactions to Alcohol-Related Campus Sexual Assault on Post-traumatic Stress Disorder Symptoms. Poster presented at the annual conference of the International Society for Traumatic Stress Studies (ISTSS), Washington, DC.
- Pollack, S., & Herres, J. (November 2018). The Relationship between Daily Mood and Procrastination in Liberal Arts College Students. Poster presented at the annual conference of the Association for Behavioral and Cognitive Therapy, Washington, DC.
- Young, E., & Herres, J. (November 2018). Coping Moderates Emotional Reactivity to Daily Events during College. Poster presented at the annual conference of the Association for Behavioral and Cognitive Therapy, Washington, DC.
- Tran, A., & Herres, J. (November 2018). Mindfulness Moderates the Relationship between Perceived Stress and Depressive Symptoms in College Students. Poster presented at the annual conference of the Association for Behavioral and Cognitive Therapy, Washington, DC.

- Cartagena, S., & **Herres, J.** (September 2018). Buffering Effects of Supportive Reactions to Disclosure of CSA: Potential Implications for Post-Traumatic Growth in Positive Affect. Poster presented at the annual conference of the Institute of Violence, Abuse, and Trauma (IVAT), San Diego, CA.
- Young, E., & **Herres, J.** (April 2018). Emotional Lability is Associated with Higher Risk of Suicidality in Youth with Co-Occurring Externalizing Problems. Poster presented at the biennial conference of the Society for Research on Adolescence (SRA), Minneapolis, MN.
- Chang, C., & **Herres, J.** (April 2018). Parent-Adolescent Disagreement on Problem Behaviors and Family Conflict/Cohesion among Suicidal Adolescents. Poster presented at the annual conference of the Anxiety and Depression Association of America (ADAA), Washington, DC.
- Flaherty, G., Young, E., & **Herres, J.** (March 2018). The Contribution of Externalizing Behaviors on Parental Attachment and Academic Achievement. Poster presented at the annual conference of the Eastern Psychological Association (EPA), Philadelphia, PA.
- Bobchin, K., Wang, S. B., Draper, J., & **Herres, J.** (November 2017). A Socioecological Model of Risk Associated with Campus Sexual Assault in a Representative Sample of Liberal Arts College Students. Poster presented at the annual conference of the International Society for Traumatic Stress Studies (ISTSS), Chicago, IL.
- Wang, S. B., & **Herres, J.** (November 2017). Perceived Burdensomeness Explains Worse Treatment Outcome for Suicidal Adolescents Diagnosed with Major Depressive Disorder. Poster presented at the annual conference of the Association for Behavioral and Cognitive Therapy, San Diego, CA.
- Bounoua, N., Zisk, A., Abbot, C., **Herres, J.**, Diamond, G. S., & Kobak, R. (November 2017). Emotion Regulation as a Moderator of Spillover Effects in a Treatment for Depressed and Suicidal Adolescents. Poster presented at the annual conference of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
- Abaya, R., Atte, T., **Herres, J.**, Fein, J. A., & Diamond, G. S. (November 2017) Characteristics and behavioral risk factors of firearm-exposed youth in an urban emergency department. Poster presented at the International Summit on Suicide Research (ISSR), Las Vegas, NV.
- Wang, S. B., **Herres, J.**, Diamond, G. S. (May 2017). Influence of Interpersonal Trauma and Positive Peer and Family Interactions on Posttraumatic Stress among Adolescents and Young Adult Primary Care Patients. Poster presented at the annual convention of the Association for Psychological Science (APS), Boston, MA.
- Herres, J.**, Caporino, N. E., Cummings, C. M., & Kendall, P. C. (April 2017). Emotional Reactivity to Daily Events in Youth with Anxiety Disorders. Poster presented at the biennial convention of the Society for Research in Child Development (SRCD), Austin, TX.
- Parris, M., Kodish, T., Shearer, A., **Herres, J.**, & Diamond, G. (April 2016). Emotional Clarity Buffers Against the Effects of Trauma on Suicidal Ideation. Poster presented at the annual Meeting for the Anxiety and Depression Association of America (ADAA), Philadelphia, PA.
- Ibrahim, M., Shearer, A., Squitieri, H., Kodish, T., **Herres, J.**, Diamond, G. (April 2016). Strategies in Emotional Regulation: A Mediation between Attachment and Depression. Poster presented at the annual Meeting of the Anxiety and Depression Association of America (ADAA), Philadelphia,

PA.

Herres, J., Kodish, T., Shearer, A., Levy, S.A. & Diamond, G.S. (April 2016). Reasons for Adolescent Suicide. Paper presented in a symposium at the biennial Meeting for Society of Research on Adolescence (SRA), Baltimore, MD.

Shearer, A., Herres, J., Kodish, T., Oblegase, F., Russon, J., Krauthamer-Ewing, E.S., Kobak, R. & Diamond, G.S. (April 2016). Suicidal Youth Diagnosed with Social Phobia Report Higher Levels of Suicidal Ideation. Poster presented at the biennial meeting of Society for Research on Adolescence (SRA), Baltimore, MD.

Kodish, T., Shearer, A., Herres, J., Diamond, G. (November 2015). Mental Health Risk in Youth Identifying as Multiracial. Poster presented at the annual Association for Behavioral and Cognitive Therapies Conference, Chicago, IL.

Shearer, A., Squitieri, H., Herres, J., Kodish, T., Tierney, E., & Giarratana, A. (November 2015). Symptoms of Eating Disorders in Transgender Youth. Poster presented at the annual Association for Behavioral and Cognitive Therapies Conference, Chicago, IL.

James, K., Herres, J., Diamond, G., Kobak, R., Krauthamer Ewing, E. S., Levy, S., & Scott, S., (November 2015). Emotion Regulation as a Mediator between Negative Parent Events and Depressive Symptoms. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Kodish, T., Herres, J., Shearer, A., Squitieri, H., Atte, T. & Diamond, G. (October, 2015). *Interaction between multiple forms of bullying and depression predicts suicidality in youth.* Poster presented at the IASR/AFSP International Summit on Suicide Research (ISSR), New York, NY.

Shearer, A., Russon, J., Herres, J., Atte, T., & Diamond, G. (April, 2015). *Symptoms of eating disorders and adolescent sexuality.* Poster presented at the 2015 Annual Conference of the Society for Affective Science (SAS), San Francisco Bay Area, Oakland, CA.

Herres, J., Kodish, T., Atte, T., Fein, J., & Diamond, G. (October 2015). Differentiating Groups of Pediatric Emergency Department Patients Based on Reported Suicidal Ideation and Behavior Endorsed on the Behavioral Health Screen. Poster presented at the International Summit on Suicide Research (ISSR), New York, NY.

Herres, J. (October 2015). Scientific Contributions of the Behavioral Health Screen. Presentation given as part of symposia titled Suicide Screening in Primary Care at the International Summit on Suicide Research (ISSR), New York, NY.

James, K., Squitieri, H., Shearer, A., & Herres, J., (June 2015). Emotion Regulation as a Moderator of the Relationship between Sibling Number and Suicidality. Poster presented at the annual convention of the Society for Psychotherapy Research (SPR), Philadelphia, PA.

Kodish, T., James, K., Mohabir, D., Shearer, A., Herres, J., & Diamond, G., (May 2015) Gender and Ethnicity Differences in the Relationship between Parent Support and Suicidality. Poster presented at the annual convention of the Association for Psychological Science (APS), New York, NY.

- Herres, J., & Ohannessian, C. M.** (March 2015). Adolescent Coping Profiles Differentiate Reports of Depression and Anxiety Symptoms. Paper presented at the biennial convention of the Society for Research in Child Development (SRCD), Philadelphia, PA.
- Shearer, A., Vaddi, P., & Herres, J. (March 2015). Religion as a moderator of the relationship between sexual orientation and suicide attempts. Poster presented at the biennial convention of the Society for Research in Child Development (SRCD), Philadelphia, PA.
- Chang, C., & Herres, J. (March 2015). Parent-Adolescent Disagreement Regarding Problem Behaviors Related to Family Conflict. Poster presented at the biennial convention of the Society for Research in Child Development (SRCD), Philadelphia, PA.
- Kodish, T., Santens, T., Herres, J., & Kobak, R. (March 2015). Perceived Burdensomeness as a Mediator between Peer Conflict and Suicide Ideation. Poster presented at the biennial convention of the Society for Research in Child Development (SRCD), Philadelphia, PA.
- James, K., Ogbaselase, F., & Herres, J. (March 2015). Gender as a Moderator of the Relationship between Maternal Attachment Anxiety and Non-Suicidal Self-Injury. Poster presented at the biennial convention of the Society for Research in Child Development (SRCD), Philadelphia, PA.
- Herres, J., Krauthamer-Ewing, E. S., & Kobak, R.** (August 2014). The Role of Parent, Teacher, and Peer Events in Maintaining Adolescent Depressive Symptoms. Paper presented at the annual conference of the American Psychological Association (APA), Washington D.C.
- Hersh, J., Bennett, D., **Herres, J.**, Foster, J. (August 2014). Sibling Constellation Is Related to Internalizing Symptoms Among HIV-Positive Youths. Poster presented at the annual conference of the American Psychological Association (APA), Washington, D.C.
- Mohabir, D., Herres, J., Kobak, R., (March 2014). A Comparison of Adolescent Attachment Hierarchies in Clinical and Community Samples using the Important People Interview. Poster presented at the annual convention of the Pennsylvania Association for Marriage and Family Therapy (PAMFT), Philadelphia, PA.
- Boamah-Wiafe, L., Herres, J. & Diamond, G. (2014). Family Arguing and Risk for Youth Suicide. Poster presented at the annual meeting of the Society for Developmental and Behavioral Pediatrics (SDBP), Nashville, Tennessee.
- Herres, J., Krauthamer-Ewing, E. S., Diamond, G., Calhoun, S., Li, A., Susi, A., Waasdorp, T., Bevans, K.** (April 2014). Teen Suicide Risk Profiles Identified Using the Behavioral Health Screen. Poster presented at the annual meeting of the Society for Behavioral Medicine (SBM), Philadelphia, PA.
- Herres, J., & Kobak, R.** (March 2014). Relations between Affect Reactivity to Interpersonal Events and Adolescents' Early Reliance on Peers and Romantic Partners as Attachment Figures. Paper presented at the biennial conference of the Society for Research on Adolescence (SRA), Austin, Texas.
- Williamson, A. W., Grasseti, S. N., **Herres, J.**, Yarger, H., & Kobak, R. (November 2013). Effects of Gender and Group Composition on the Treatment of Adolescent Trauma. Poster presented at the annual meeting of the International Society for Traumatic Stress Studies (ISTSS), Philadelphia, PA.

- Grassetti, S. N., Williamson, A. W., **Herres, J.**, Yarger, H., & Kobak, R. (November 2013). Understanding Change in Trauma and Grief Component Therapy: What Changes? When? For Whom? Poster presented at the annual meeting of the International Society for Traumatic Stress Studies (ISTSS), Philadelphia, PA.
- Swan, A., Read, K., Carper, M., Mercado, R., Cummings, C., **Herres, J.**, Hoff, A., & Kendall, P.C. (November, 2013). Parents and Teachers as Informants for Identifying Anxious Youth in Schools. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- Brodman, D.M., Read, K.L., Cummings, C.M., Swan, A.J., **Herres, J.**, McGann, K.M., Mercado, R.J., & Kendall, P.C. (November, 2013). Disseminating a Program to Identify Anxious Youth in School Settings: The Relation between Organizational Climate and Teacher Report. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- Mercado, R. J., Read, K. L., Swan, A., **Herres, J.**, Hoff, A., Carper, M., . . . Kendall, P. C. (November, 2013). Prevalence of Anxiety and Comorbid Mental Health Problems in Youth Using Teacher-Report. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- Ohannessian, C., **Herres, J.**, & Kobak, R. (April, 2013). A Latent Profile Analysis of Adolescent Coping. Poster presented at the biennial conference of the Society for Research in Child Development (SRCD), Seattle, WA.
- Grassetti, S. N., **Herres, J.**, & Kobak, R. (April, 2013). Sex Differences in Close Peer Relationships and Adolescent Rule Breaking Behavior. Poster presented at the biennial conference of the Society for Research in Child Development (SRCD), Seattle, WA.
- Close, H., Grassetti, S. N., Williamson, A. W., **Herres, J.**, & Kobak, R. (April, 2013). Mutual Sharing of Trauma and Loss Narratives Increases Perceptions of Peers? Trustworthiness. Poster presented at the biennial conference of the Society for Research in Child Development (SRCD), Seattle, WA.
- Grassetti, S. N., Close, H., Williamson, A. W., **Herres, J.**, & Kobak, R. (April, 2013). A Preliminary Step in Understanding Adolescent Grief Domains: An Exploratory Factor Analysis of a Grief Screening Measure. Poster presented at the biennial conference of the Society for Research in Child Development (SRCD), Seattle, WA.
- Herres, J.**, Williamson, A. W., Grassetti, S. N., & Kobak, R. (November, 2012). Identifying Principles of Behavioral Change in Traumatized Youth: Group Bonding as a Moderator of Cognitive Behavioral Therapy for PTSD. Poster presented at the Annual Convention of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- Grassetti, S. N., **Herres, J.**, Williamson, A. A., & Kobak, R. (November, 2012). Increased Security to Group as a Putative Mechanism of Change in Trauma-Focused Group Therapy for Adolescents. Poster presented at the Annual Convention of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- Grassetti, S. N., Williamson, A. A., **Herres, J.**, & Kobak, R. (November, 2012). Meaningful Life Change. Poster presented at the Annual Convention of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.

- Williamson, A. A., **Herres, J.**, Grassetti, S. N., & Kobak, R. (November, 2012). Treating PTSD and Grief in Middle Schools: Factors Accounting for Treatment Inclusion and Attrition. Poster presented at the Annual Convention of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- Herres, J.**, Kobak, R., Grassetti, S., & Tan, J. (March, 2012). The role of mood reactivity to daily interpersonal events in the onset of adolescent depression. Poster presented at the biennial conference of the Society for Research on Adolescence (SRA), Vancouver, Canada.
- Tan, J., **Herres, J.**, Grassetti, S., & Kobak, R. (March, 2012). Susceptibility to peer influence as a moderator of the effectiveness of group therapy for trauma symptoms. Poster presented at the biennial conference of the Society for Research on Adolescence (SRA), Vancouver, Canada.
- Troy, L., **Herres, J.**, & Kobak, R. (March, 2012). Differential susceptibility to the environment: Assessing the convergent validity of behavioral and physiological indicators. Poster presented at the biennial conference of the Society for Research on Adolescence (SRA), Vancouver, Canada.
- Kobak, R., & **Herres, J.** (April, 2011), New and emerging insights regarding the adult attachment interview. Paper presented at the biennial conference of the Society for Research in Child Development (SRCD), Montreal, Canada.
- Herres, J.**, Kobak, R., Gaskins, C., & Ackerman, B. (April, 2011), Mood reactivity to daily school events: A study of between student differences in disruptive behavior and negative affect. Poster presented at the biennial conference of the Society for Research in Child Development (SRCD), Montreal, Canada.
- Kobak, R., Zajac, K., & **Herres, J. L.** (March, 2010), Intergenerational effects of caregiver attachment on high-risk adolescents' delinquent and aggressive behaviors. Paper presented at the biennial conference of the Society for Research on Adolescence (SRA), Philadelphia, PA.
- Bennett, D., **Herres, J. L.**, Minami, J., Russell, A., Laguerre, R., & Foster, J. (March, 2010), Internalizing symptoms as a function of stigma and shame among youth with HIV. Poster presented at the biennial conference of the Society for Research on Adolescence (SRA), Philadelphia, PA.
- Herres, J.**, Ackerman, B. P., Kobak, R., & Smith, C. (April, 2009), Developmental antecedents of school externalizing and achievement problems for economically disadvantaged children. Poster presented at the biennial conference of the Society for Research in Child Development (SRCD), Denver, CO.
- Smith, C., Kobak, R., **Herres, J.**, & Ackerman, B. P. (April, 2009), Moderating effects of economic disadvantage on the association between home environment factors and achievement trajectories. Poster presented at the biennial conference of the Society for Research in Child Development (SRCD), Denver, CO.
- Bennett, D., **Herres, J.**, Prado, D., Russell, A., Laguerre, R., & Foster, J. (July, 2007), Internalizing symptoms as a function of stigma and shame among youth with HIV. Poster presented at the St. Christopher's Hospital for Children Research Day, Philadelphia, PA.

Bennett, D., Ragland, S., **Herres, J.**, Sullivan, M., & Lewis, M. (February, 2007), The ability of parenting scales to identify mothers with a history of neglect: A comparison of three measures. Poster presented at the Eastern Psychological Association (EPA) Conference, Philadelphia, PA.

Herres, J., & Cassidy, K. (September, 2004), Children's understanding of wicked desires. Poster presented at the Summer Science Fellows Presentation, Bryn Mawr, PA.

TEACHING EXPERIENCE

The College of New Jersey

- PSY 096 Orientation to Psychology
- PSY 121 Methods and Tools
- PSY 203 Design and Statistical Analysis
- PSY 217 Abnormal Psychology
- PSY 299 Research Seminar
- PSY 373 Counseling and Clinical Seminar
- PSY 390/492 Reactivity Lab
- PSY 391/393 Independent Study
- PSY 396/496 Senior Honors Thesis
- PSY 397 Learning Assistantship
- PSY 399/499 Independent Internship
- PSY 470 Senior Topics Study Group

Drexel University

- STS 350 Advanced Statistics for Clinical Sciences
- HSCI 313 Clinical Trials Protocols

University of Delaware

- PSYC 207 Research Methods
- Graduate Teaching Assistant for the following courses: PSYC 100 General Psychology, PSYC 105 Positive Psychology, PSYC 209 Measurement and Statistics, PSYC 340 Cognition, PSYC 380 Psychopathology, PSYC 445 Adolescent Problem Behaviors

PROFESSIONAL EXPERIENCE AND SERVICE

The College of New Jersey

Psychology Department Service:

- Psi Chi Faculty Advisor (2017-2020): Model Chapter Award (2017-2018, 2018-2019)
- Research, Planning, and Ethics Committee (2017-2018)
- Ad Hoc Dahne Award Committee (2017-2018)
- Adjunct Committee (2019-Present)
- Admissions Committee (2016-Present)
- Assessment Committee (2016-2017, 2019-2021 Chair)
- Colloquia Committee (2016-2017, 2018-2019)
- Internship Committee (2016-2017, 2018-2019)

School of Humanities and Social Sciences Service:

- Learning Outcomes Assessment Committee (2019-2020; 2020-Present, Chair)

College Service:

- Committee on Student and Campus Community (2020-Present)
- Committee on Academic Programs (Spring 2019)
- Conduct/Title IX Advisor (2018-Present)

- Faculty Advisor to the student organization SAGE (2020-Present)
- Faculty Advisor to the TCNJ Running Club (2017-Present)
- Faculty Advisor to the TCNJ Standup Comedy Club (2017-2018)
 - Awarded for “Outstanding New Organization” and “Outstanding Large Program” (2017-2018)

Honors Thesis Committees:

- | | |
|---|---|
| • Isabel Rodriguez (Chair 2020-2021) | • Devin Ruth (Reader 2019-2020) |
| • Chloe Hessler (Reader 2021) | • Shira Pollack (Chair 2018-2019) |
| • Moira Kellaher (Reader 2021) | • Giulietta Flaherty (Reader 2018-2019) |
| • Olivia Ortelli (Reader 2020-2021) | • Nicholas Danduone (Reader 2018-2019) |
| • Shaun Meyers (Chair 2019-2020) | • Shreya Vodapalli (Reader 2018) |
| • Mallery Davis-Swing (Chair 2019-2020) | • Kelly Bobchin (Chair 2017-2018) |
| • Tanushi Upadhyay (Reader 2019-2020) | • Emma Young (Chair 2017-2018) |

Other Colleges and Universities

Dissertation Committees:

- Elizabeth Okunroumu (Reader), Drexel University
- Caroline Abbott (Reader), University of Delaware
- Michael Silverstein (Reader), Drexel University

Master’s Thesis Committees:

- Michael Silverstein (Reader), Drexel University

Current Professional Affiliations

- International Society for Traumatic Stress Studies (ISTSS)
- Association for Behavioral and Cognitive Therapies
 - Conference Abstract Reviewer (2018, 2020)

Ad Hoc Journal Reviewer

- | | |
|--|---|
| • <i>Anxiety, Stress, and Coping</i> | • <i>Journal of Early Adolescence</i> |
| • <i>Child Abuse and Neglect</i> | • <i>Journal of Public Health</i> |
| • <i>Child and Adolescent Mental Health</i> | • <i>Journal of Research on Adolescence</i> |
| • <i>Child Psychiatry and Human Development</i> | • <i>Journal of Social and Personal Relationships</i> |
| • <i>Cognitive Therapy and Research</i> | • <i>Journal of Traumatic Stress</i> |
| • <i>Crisis Intervention and Suicide Prevention</i> | • <i>Journal of Youth and Adolescence</i> |
| • <i>Epidemiology and Psychiatric Sciences</i> | • <i>Merrill-Palmer Quarterly</i> |
| • <i>International Journal of Behavioral Development</i> | • <i>Psychotherapy Research</i> |
| • <i>Journal of Abnormal Child Psychology</i> | • <i>Social Development</i> |
| • <i>Journal of Affective Disorders</i> | • <i>Violence Against Women</i> |
| • <i>Journal of Behavioral Health</i> | |

Journal Editor

- Guest Editor for a special issue of *Health Education and Behavior* titled Combating Sexual Violence through Research, Practice and Policy: The College Sexual Assault Policy and Prevention Initiative (scheduled for February 2020 publication)

Professional Presentations and Invited Talks

- *Emotional Reactivity and Affective Disorders* April 2018
Invited speaker at the University of Connecticut’s Clinical Research Seminar

- *Me: Stories of My Life in STEM* November 2014
Invited speaker at Bryn Mawr College Women in STEM series event
- *Assessment and Management of Childhood Depression and Suicide* March 2014
Invited didactic presentation to Psychiatry Fellows at Friends Hospital, Philadelphia, PA.
- *Coping with College Stress and Depression* November 2013
Invited speaker at the University of Pennsylvania's Student Wellness Fair, Philadelphia, PA
- *Anxious Youth in the Primary Care Setting* December 2012
Invited presentation at Chestnut Hill Hospital, Philadelphia, PA
- *Anxious Youth in the School Setting* December 2012
Invited presentation at Norristown School District Office, Norristown, PA

CLINICAL EXPERIENCE

Drexel University, Philadelphia, PA August 2012-December 2015
Postdoctoral Fellowship with the Center for Family Intervention Science
Clinical Supervisor: Suzanne Levy, Ph.D.

- Conducted psychosocial and diagnostic assessments for suicidal youth; Assessed suicide risk; Conducted safety planning with suicidal youth and their families
- Provided supportive therapy to suicidal youth; Conducted parent education sessions
- Trained in Attachment Based Family Therapy (ABFT) during two 3-day workshops

Temple University, Philadelphia, PA Summer 2012 – Summer 2013
Predoctoral Internship with the Temple University Clinical Psychology Consortium; Child/Adolescent Anxiety Disorders Track

Clinical Supervisors: Philip Kendall, Ph.D. and Robert Fauber, Ph.D.

- Conducted assessments and provided cognitive behavioral therapy for youth anxiety disorders at the Child and Adolescent Anxiety Disorders Clinic (CAADC)
- Provided assessment and treatment of adult disorders including mood and anxiety disorders and substance abuse disorder at Episcopal Hospital's Psychiatric Outpatient Clinic

A.I. duPont Hospital for Children, Wilmington, DE July 2010 – May 2012
Supervisor: Jennifer Shroff Pendley, Ph.D. (Behavioral Consultation Clinic Practicum) and Colleen Sherman, Ph.D. (Early Childhood Evaluations Practicum)

- Provided parent management training to parents of children ages birth to five years to address a wide range of behavioral and developmental concerns such as oppositional/defiant and noncompliant behaviors, sleep problems, and toileting concerns
- Conducted comprehensive diagnostic evaluations with young children ages birth to five years, wrote comprehensive reports and provided feedback to parents

Supporting Kidds, Hockessin/Wilmington, DE October 2011 – June 2012
Supervisor: Stephanie Traynor, Psy.D., MBA

- Provided Trauma and Grief Component Therapy (TGCT), a school-based group intervention for adolescents with post-traumatic stress disorder and complicated grief

Children's Hospital of Philadelphia, Philadelphia, PA August 2009 – March 2010
Behavioral Health in Urban Schools Program
Supervisor: Ricardo Eiraldi, Ph.D.

- Collaborated with a multidisciplinary team of clinical and school psychologists, teachers, school counselors and social workers, postdoctoral fellows, and psychology graduate students
- Conducted comprehensive psychological evaluations, wrote reports and provided feedback to parents

- Conducted Conjoint Behavioral Consultation with parents and teachers
- Trained in empirically supported group-based interventions for middle-school children with anxiety, depression, and externalizing problems

Child Well-Being Initiative, Wilmington, DE

February 2008 – December 2009

Supervisors: Stav Gornic, NCP, LPCMH; Charles Webb, Ph.D.

- Provided Trauma-Focused Cognitive Behavioral Therapy (TFCBT) to adolescents who experienced trauma and their parents

Project BEST, University of Delaware, Newark, DE

June 2009 – December 2009

Supervisor: Ryan Beveridge, Ph.D.

- Provided Parent-Child Interaction Therapy (PCIT) to parents of children ages 2-7 with disruptive behavior disorders

Psychological Services Training Center,

February 2008 – December 2009

University of Delaware, Newark, DE

Supervisors: Jennifer Schwartz, Ph.D., Ryan Beveridge, Ph.D., Jean-Philippe Laurenceau, Ph.D.

- Conducted assessments, wrote comprehensive reports and provided feedback to clients
- Provided empirically-based interventions for children, adults, and couples