



PSYCHOLOGY DEPARTMENT COUNSELING AND CLINICAL SPECIALIZATION

OVERVIEW

The Counseling and Clinical Psychology Specialization prepares students for careers and graduate study in the field of Psychology as a helping profession. In this specialization, you will learn about individuals who are affected by a wide range of mental disorders and psychological problems, as well as the theories psychologists use to understand them, the research methods used to study them, and the techniques used to ameliorate them. The specialization offers opportunities for students to conduct clinically-relevant research and to develop knowledge and practical skills through field-work experiences in settings that assist those with a wide range of mental health issues. If you are considering graduate studies in the helping professions, such as a career as a clinical psychologist, counselor, psychotherapist, or social worker, this specialization may be a good fit for you.

For more information about this Specialization, contact the Counseling & Clinical Coordinator ([Dr. Herres](#)) or any of the affiliated faculty listed below.

COURSEWORK FOR THE COUNSELING AND CLINICAL SPECIALIZATION

Methods Sequence: PSY 101 – General Psychology
PSY 121 – Methods & Tools
PSY 203 – Design & Statistical Analysis
PSY 390 – Collaborative Research

Foundation Course: PSY 217 – Psychological Disorders (*formerly* Abnormal Psychology)
PSY 219 – Clinical Psychology
Students choose one additional Foundation course.

Specialized Courses: Students select 3 300-level Psychology courses. A list of recommended courses appears on the [Counseling and Clinical Specialization web page](#). The required field placement (PSY 398 or PSY 399) may satisfy one of the 3 required Specialized courses.

A field placement is required. This requirement can be met through PSY 398 (Counseling and Clinical Field Experience Seminar) or PSY 399 (Internship); however, we strongly recommend PSY 398 whenever possible.

Psychology Option: Students select 1 course, recommended at the 300 or 400 level.

**Students entering the College beginning in Fall 2025 will not have the Psychology Option/Elective requirement.

Senior Experience: Students select 1 course at the 400 level.

FACULTY AFFILIATED with the COUNSELING AND CLINICAL SPECIALIZATION

Dr. He Len Chung (Office: SSB 114; Phone: 609.771.2646; E-mail: chung@tcnj.edu)

Courses: Methods & Tools of Psychology; Psychological Disorders (*formerly* Abnormal Psychology); Field Experience Seminar; Poverty, Mental Health & Well-Being; Collaborative Research; Internships

Research Interests: Positive youth development; risk and resilience; community-based research; campus-community partnership

Lab: [REACH \(Research on Engagement, Adjustment, and Community Health\) Lab](#)

Dr. Joanna Herres (Office: SSB 126; Phone: 609.771.2643; Email: herresj@tcnj.edu)

Courses: Psychological Disorders (*formerly* Abnormal Psychology); Clinical Psychology; Design & Statistical Analysis; Cognitive Behavioral Therapy; Counseling and Clinical Field Experience Seminar; Collaborative Research; Senior Topics Study Group; Internships

Research Interests: Child and adolescent depression and anxiety; coping; emotional reactivity

Lab: [Reactivity Lab](#)

Dr. Raquel Sosa (Office: SSB 119; Phone: 609.771.2630; Email: sosar@tcnj.edu)

Courses: Psychological Disorders (*formerly* Abnormal Psychology); Clinical Psychology; Methods & Tools of Psychology; Collaborative Research; Psychology of Power, Oppression, and Privilege

Research Interests: Liberation psychology and critical consciousness, Latine mental health, and community-based research

Lab: Latine Liberation Lab

Dr. Jeanine Vivona (Office: SSB 120; Phone: 609.771.2634; E-mail: jvivona@tcnj.edu)

Courses: Psychological Disorders (*formerly* Abnormal Psychology); Clinical Psychology; Developmental Psychopathology; Counseling and Clinical Field Experience Seminar; Collaborative Research; Senior Topics Study Group; Internships

Research Interests: Language and the psychotherapeutic process; early language development; identity

Lab: Psychodynamic Lab

A sample of recent clinical/counseling internships

- Eden Autism
- New Horizon Treatment Services
- The Children's Home Society of New Jersey
- Mercer County Contact (Hotline)
- Ewing High School Guidance Department
- Center for Eating Disorders Care, University Medical Center of Princeton at Plainsboro